

Southland Conference Outdoor Track & Field 2010 Women's Performance List

Final List - Top 20 Marks through NCAA Championships

[Link to meet results](#)

Women 100m Dash

1	11.56	0.7	Jasmine Walls	UT Arlington	5/14	SLC Championships
2	11.61	2.4	Anna Forest	Northwestern St	5/1	Northwestern St. Invit
3	11.70	0.7	Shannon Reynolds	UT Arlington	5/14	SLC Championships
3	11.70	0.7	Kassandra Son	TAMUCC	5/14	SLC Championships
5	11.73	2.1	Arteria Sterns	S.F. Austin	4/17	LSU Alumni Gold
6	11.80	0.7	Samantha Calhoun	Nicholls St	5/14	SLC Championships
7	11.90	2.8	Ashleigh Wells	McNeese St	5/1	Northwestern St. Invit
8	11.91	1.8	Iris Darrington	Texas State	4/24	Texas State Invit
9	11.94	1.8	Renee Sheppard	Texas State	4/24	Texas State Invit
10	11.97	3.6	Camelia Sams	S.F. Austin	5/1	Northwestern St. Invit
11	12.06	3.6	Angelica Kotun	Northwestern St	5/1	Northwestern St. Invit
12	12.07	3.6	Ashley Idunoba	Lamar	5/1	Northwestern St. Invit
13	12.09	0.9	Keila Crawford	S.F. Austin	5/14	SLC Championships
14	12.12	2.8	Paige Lynch	McNeese St	5/1	Northwestern St. Invit
15	12.18	0.6	Shamaigun VanBuren	Northwestern St	5/14	SLC Championships
16	12.19	2.8	Amanda Freeman	Northwestern St	5/1	Northwestern St. Invit
17	12.22	3.5	Nicole Washington	UTSA	4/3	Texas Relays
17	12.22	2.8	Knequila Pemberton	Central Arkansas	5/1	Northwestern St. Invit
19	12.23	1.8	Brittney Solomon	UTSA	4/24	Texas State Invit
20	12.28	1.1	Whitney Clay	SE Louisiana	4/10	South Alabama Invit

Women 200m Dash

1	23.21	3.7	Jasmine Walls	UT Arlington	5/1	Northwestern St. Invit
2	23.61	3.7	Antonia Hopkins	UT Arlington	5/1	Northwestern St. Invit
3	23.67	3.7	Constance Seibles	Northwestern St	5/1	Northwestern St. Invit
4	23.70	0.4	Shannon Reynolds	UT Arlington	5/28	NCAA West Preliminary
5	23.71	3.7	Anna Forest	Northwestern St	5/1	Northwestern St. Invit
6	23.98	0.7	Kassandra Son	TAMUCC	5/14	SLC Championships
7	24.10	3.1	Ashley Idunoba	Lamar	5/1	Northwestern St. Invit
8	24.16	0.7	Iris Darrington	Texas State	5/14	SLC Championships
9	24.17	-0.1	Arteria Sterns	S.F. Austin	4/24	J Fred Duckett Rice
10	24.48	-0.1	Renee Sheppard	Texas State	5/14	SLC Championships
11	24.55	4.2	Ashleigh Wells	McNeese St	5/1	Northwestern St. Invit
11	24.55	3.1	Angelica Kotun	Northwestern St	5/1	Northwestern St. Invit
13	24.64	3.1	Carmen Gedling	Lamar	5/1	Northwestern St. Invit
14	24.81	0.0	Mary Dickerson	S.F. Austin	4/24	J Fred Duckett Rice
15	24.86	3.1	Shamaigun VanBuren	Northwestern St	5/1	Northwestern St. Invit
16	24.94	2.5	Keila Crawford	S.F. Austin	4/10	North Texas Classic
17	24.95	-0.4	Tiffany Nall	Nicholls St	5/14	SLC Championships
18	24.96	3.1	Knequila Pemberton	Central Arkansas	5/1	Northwestern St. Invit
19	24.98	nwi	Erika Payton	SE Louisiana	4/29	Cole-Lancon Twilight
20	25.02	2.5	DeAndrea Smith	UT Arlington	4/10	North Texas Classic

Women 400m Dash

1	54.25		Antonia Hopkins	UT Arlington	5/14	SLC Championships
2	54.76		Mary Dickerson	S.F. Austin	5/1	Arkansas Twilight
3	55.23		Briony Miller	UTSA	4/10	Trinity Alumni Classic
4	55.38		Constance Seibles	Northwestern St	5/1	Northwestern St. Invit
5	55.41		Brittany Shorter	S.F. Austin	5/14	SLC Championships
6	55.49		Amahra Edwards	S.F. Austin	5/14	SLC Championships
7	55.64		Mary Douglas	Central Arkansas	5/14	SLC Championships
8	55.73		Monika May	Sam Houston St	5/1	Northwestern St. Invit
9	55.81		Shavonne Armbrister	UTSA	5/1	Texas Invit
10	55.89		Folashade George	Sam Houston St	5/14	SLC Championships
11	56.01		DeAndrea Smith	UT Arlington	5/14	SLC Championships

12	56.20	Brittany Culbertson	UT Arlington	5/14	SLC Championships
13	56.27	Carmen Gedling	Lamar	4/17	LSU Alumni Gold
14	57.17	Katrina Turner	S.F. Austin	5/14	SLC Championships
15	57.24	Tonica Wimberly	Sam Houston St	5/14	SLC Championships
16	57.37	Rebecca Crain	UTSA	5/1	Texas Invit
17	57.45	Daliesha Taylor	Central Arkansas	5/14	SLC Championships
18	57.88	Andrea Warren	Northwestern St	3/18	Louisiana Classics
19	57.89	Morgan Canty	Texas State	4/2	Trinity Tiger Relays
20	58.49	Diona Finley	S.F. Austin	4/24	J Fred Duckett Rice
20	58.49	Danielle Burchett	S.F. Austin	4/24	J Fred Duckett Rice

Women 800m Run

1	2:07.44	Dana Mecke	UTSA	5/28	NCAA West Preliminary
2	2:11.65	Esther Abuto	UT Arlington	5/14	SLC Championships
3	2:12.25	Danielle Burchett	S.F. Austin	5/14	SLC Championships
4	2:12.46	Andrea Warren	Northwestern St	5/14	SLC Championships
5	2:12.92	Jennifer Carey	UT Arlington	5/14	SLC Championships
6	2:13.48	Kisha Gaspard	UT Arlington	5/14	SLC Championships
7	2:13.56	Rebecca Crain	UTSA	5/14	SLC Championships
8	2:13.88	Jayde James	UTSA	5/14	SLC Championships
9	2:13.92	Pernilla Savestrand	UTSA	5/14	SLC Championships
10	2:14.73	Haley Parsons	S.F. Austin	4/24	J Fred Duckett Rice
11	2:15.19	Alyssa Dooley	Sam Houston St	5/14	SLC Championships
12	2:15.25	Shartanae Swearengin	UTSA	5/14	SLC Championships
13	2:15.30	Ryann Bradford	Texas State	5/14	SLC Championships
14	2:15.64	Perri Ford	UT Arlington	5/14	SLC Championships
15	2:16.05	Lawana Perkins	Northwestern St	5/1	Northwestern St. Invit
16	2:16.10	Hanna Nilsson Palmgren	Lamar	4/24	J Fred Duckett Rice
17	2:16.54	Karensa Ellis	Northwestern St	5/1	Northwestern St. Invit
18	2:16.69	Imma Kosgei	Nicholls St	4/24	J Fred Duckett Rice
19	2:16.73	Cara Patterson	TAMUCC	5/14	SLC Championships
20	2:16.95	Jessica McLeod	Nicholls St	3/27	Florida St. Relays

Women 1500m Run

1	4:25.38	Dana Mecke	UTSA	4/17	Mt. SAC Relays
2	4:31.23	Haley Parsons	S.F. Austin	5/1	Arkansas Twilight
3	4:33.64	Pernilla Savestrand	UTSA	4/17	Mt. SAC Relays
4	4:36.31	Caroline Erlingson	UT Arlington	4/17	Mt. SAC Relays
4	4:36.31	Kadi Whisnant	Nicholls St	4/17	LSU Alumni Gold
6	4:36.74	Meghan Lemke	TAMUCC	4/24	J Fred Duckett Rice
7	4:39.45	Tinette Burger	McNeese St	4/24	J Fred Duckett Rice
8	4:40.59	Jayde James	UTSA	5/1	Texas Invit
9	4:40.97	Courtney Johnson	TAMUCC	4/24	J Fred Duckett Rice
10	4:41.54	Jerono Patrober	UT Arlington	4/10	North Texas Classic
11	4:41.94	Amy Guinn	McNeese St	3/18	Louisiana Classics
12	4:41.95	Brea Goodman	Nicholls St	3/27	Florida St. Relays
13	4:42.07	Amanda McMahon	UT Arlington	4/17	Mt. SAC Relays
14	4:43.86	Faith Barlow	TAMUCC	5/14	SLC Championships
15	4:43.94	Samantha Walkow	Lamar	4/24	J Fred Duckett Rice
16	4:44.75	Dakota Goodman	Nicholls St	4/24	J Fred Duckett Rice
17	4:45.02	Christina Mose	UT Arlington	4/17	Mt. SAC Relays
18	4:46.54	Anne Ronoh	TAMUCC	4/10	Trinity Alumni Classic
19	4:46.86	Carolyn Hooper	Central Arkansas	5/14	SLC Championships
20	4:47.31	Perri Ford	UT Arlington	4/10	North Texas Classic

Women 3000m Steeplechase

1	10:41.07	Kadi Whisnant	Nicholls St	4/24	J Fred Duckett Rice
2	11:00.69	Sheila Salil	TAMUCC	4/3	Texas Relays
3	11:00.77	Courtney Johnson	TAMUCC	4/3	Texas Relays
4	11:05.50	Randi Wymer	S.F. Austin	5/14	SLC Championships
5	11:11.64	Meredith Blocker	S.F. Austin	4/17	LSU Alumni Gold
6	11:15.65	Caitlin Arumbula	TAMUCC	5/14	SLC Championships
7	11:16.11	Faith Barlow	TAMUCC	4/24	J Fred Duckett Rice
8	11:25.89	Emily Carpenter	Lamar	5/14	SLC Championships
9	11:25.90	Courtney Nelson	UTSA	5/14	SLC Championships
10	11:26.26	Pernilla Savestrand	UTSA	4/24	Texas State Invit
11	11:35.30	Alvy Carragher	McNeese St	4/3	Florida Relays
12	11:37.31	Jessica Bitterly	UTSA	5/14	SLC Championships
13	11:40.52	Stephanie Armstrong	Texas State	4/17	M Johnson Classic
14	11:43.39	Amanda McKinney	Texas State	5/14	SLC Championships
15	11:44.89	Bethany Burst	SE Louisiana	5/14	SLC Championships
16	11:48.90	Samantha Walkow	Lamar	5/14	SLC Championships
17	11:52.00	Amanda McMahon	UT Arlington	4/10	North Texas Classic
18	11:56.62	Dana Dolejsi	Texas State	5/14	SLC Championships
19	12:03.56	Melissa Jones	TAMUCC	5/14	SLC Championships
20	12:12.77	Molly Bishop	TAMUCC	5/14	SLC Championships

Women 5000m Run

1	16:53.51	Jerono Patrober	UT Arlington	4/17	Mt. SAC Relays
2	16:54.38	Stephanie Ganter	S.F. Austin	3/27	Rice Bayou Classic
3	17:20.53	Amy Guinn	McNeese St	3/13	Cowboy Relays
4	17:22.55	Anne Ronoh	TAMUCC	3/27	Rice Bayou Classic
5	17:25.02	BreAnna Briggs	TAMUCC	3/27	Rice Bayou Classic
6	17:30.79	Megan Jenkins	S.F. Austin	3/27	Rice Bayou Classic
7	17:33.03	Courtney Johnson	TAMUCC	3/27	Rice Bayou Classic
8	17:36.45	Amy Shackleford	S.F. Austin	3/27	Rice Bayou Classic
9	17:42.23	Lauren Jones	Nicholls St	4/24	J Fred Duckett Rice
10	17:45.39	Faith Barlow	TAMUCC	3/27	Rice Bayou Classic
11	18:00.52	Heather Bullin	Texas State	3/27	Rice Bayou Classic
12	18:01.65	Joyce Cheruiyot	Lamar	4/3	Texas Relays
13	18:19.58	Taylor Cloy	Lamar	4/3	Texas Relays
14	18:29.75	Amanda McMahon	UT Arlington	5/1	Northwestern St. Invit
15	18:35.57	Samantha Walkow	Lamar	5/14	SLC Championships
16	18:37.09	Tinette Burger	McNeese St	5/1	Northwestern St. Invit
17	18:37.28	Naomi Jeruto	SE Louisiana	3/27	LSU Tiger Relays
18	18:38.39	Dorcas Kapkia	SE Louisiana	4/17	LSU Alumni Gold
19	18:38.50	Alex Bullard	TAMUCC	3/27	Rice Bayou Classic
20	18:39.17	Daniela Prado	TAMUCC	3/27	Rice Bayou Classic

Women 10,000m Run

1	35:59.56	Megan Jenkins	S.F. Austin	4/17	Mt. SAC Relays
2	36:04.12	Amy Shackleford	S.F. Austin	4/17	Mt. SAC Relays
3	36:24.76	Amy Guinn	McNeese St	5/14	SLC Championships
4	36:25.31	Anne Ronoh	TAMUCC	5/14	SLC Championships
5	36:27.35	Stephanie Ganter	S.F. Austin	5/14	SLC Championships
6	36:34.22	Lauren Jones	Nicholls St	5/14	SLC Championships
7	36:43.77	Heather Bullin	Texas State	4/17	Mt. SAC Relays
8	36:56.92	Jerono Patrober	UT Arlington	5/14	SLC Championships
9	37:12.16	Kayla Pratt	UTSA	3/27	Rice Bayou Classic
10	37:40.14	Dorcas Kapkia	SE Louisiana	5/14	SLC Championships
11	37:42.16	Taylor Cloy	Lamar	5/14	SLC Championships
12	38:11.62	BreAnna Briggs	TAMUCC	5/14	SLC Championships
13	38:42.39	Candice McCormick	McNeese St	3/18	Louisiana Classics
14	39:47.83	Nora-Beth Saunders	Lamar	4/10	Ty Terrell Relays
15	40:09.56	Victoria Gemeny	Sam Houston St	4/10	Ty Terrell Relays
16	40:18.52	Sara Collazos	Sam Houston St	4/10	Ty Terrell Relays
17	40:36.11	Alvy Carragher	McNeese St	3/18	Louisiana Classics
18	41:01.05	Lauren Losoya	UTSA	3/27	Rice Bayou Classic

19	41:12.80	Crystal Santos	Sam Houston St	4/10	Ty Terrell Relays
20	43:54.12	Megan Williams	Sam Houston St	4/10	Ty Terrell Relays

Women 100m Hurdles

1	13.51	1.5	Jessica Jones	UTSA	5/14	SLC Championships
2	13.62	3.2	Jordan Heggie	Sam Houston St	5/1	Northwestern St. Invit
3	13.63	0.9	Joy Egboba-Waye	S.F. Austin	5/28	NCAA West Preliminary
4	13.77	3.2	Sabrina Starr	Sam Houston St	5/1	Northwestern St. Invit
5	13.79	1.5	Judith Schultheis	SE Louisiana	5/14	SLC Championships
6	13.92	1.3	Amanda McGill	UTSA	5/14	SLC Championships
7	14.28	0.0	Tywaneisha Spiller	Sam Houston St	3/27	LSU Tiger Relays
8	14.37	1.0	Valerie Hancock	Texas State	5/1	Texas Invit
9	14.38	0.3	Pashe Moore	Sam Houston St	5/14	SLC Championships
10	14.46	3.6	Tabitha Riley	S.F. Austin	5/1	Northwestern St. Invit
11	14.51	3.6	Jasmine Ellis	Central Arkansas	5/1	Northwestern St. Invit
12	14.55	2.0	Joshalyn Freeman	S.F. Austin	5/14	SLC Championships
13	14.61	1.3	Dezera Dunlap	S.F. Austin	5/14	SLC Championships
14	14.64	1.9	Alicia Jackson	S.F. Austin	5/14	SLC Championships
14	14.64	2.0	Porshia Fobbs	UTSA	5/14	SLC Championships
16	14.70	0.3	Jasmine Oyewumi	TAMUCC	5/14	SLC Championships
17	14.78	0.9	Danessa Lyssy	Texas State	4/10	Trinity Alumni Classic
18	14.83	2.1	Morgan Davis	Sam Houston St	5/14	SLC Championships
19	14.91	2.2	Aimee Jonas	UTSA	5/14	SLC Championships
20	14.97	0.6	Rahjanaye Bailey	Nicholls St	3/27	Florida St. Relays

Women 400m Hurdles

1	1:00.61	Judith Schultheis	SE Louisiana	5/14	SLC Championships
2	1:00.94	Amanda McGill	UTSA	5/1	Texas Invit
3	1:01.07	Dezera Dunlap	S.F. Austin	5/14	SLC Championships
4	1:01.11	Megan Turner	UT Arlington	5/14	SLC Championships
5	1:01.37	Lauren Watts	S.F. Austin	5/14	SLC Championships
6	1:02.19	Jennie Thomas	Texas State	5/14	SLC Championships
7	1:02.20	Christian Donald	S.F. Austin	5/1	Arkansas Twilight
8	1:02.28	Katie Miller	Texas State	5/1	Texas Invit
9	1:02.30	Liat Anav	Texas State	5/1	Texas Invit
9	1:02.30	Dakota Stewart	Sam Houston St	5/14	SLC Championships
11	1:03.15	Doxie Thompson	UT Arlington	5/14	SLC Championships
12	1:03.32	Rahjanaye Bailey	Nicholls St	4/24	J Fred Duckett Rice
13	1:03.88	Amanda Rodriguez	Texas State	5/8	Trinity Almost Last Chance
14	1:04.24	Sabrina Henkes	Nicholls St	4/10	Ole Miss Invit
15	1:04.32	Brittany Henson	Sam Houston St	5/14	SLC Championships
16	1:04.55	Jasmine Oyewumi	TAMUCC	5/14	SLC Championships
17	1:04.85	Jessica Jones	UTSA	4/24	Texas State Invit
18	1:04.91	Erin Knox	Northwestern St	5/14	SLC Championships
19	1:04.95	Jarina Guilbeau	Nicholls St	3/18	Louisiana Classics
20	1:04.98	Carmen Wallace	Northwestern St	4/17	LSU Alumni Gold

Women 4x100m Relay

1	45.25	Northwestern St	5/1	Northwestern St. Invit
2	45.72	UT Arlington	5/14	SLC Championships
3	45.82	S.F. Austin	5/14	SLC Championships
4	46.15	Nicholls St	5/14	SLC Championships
5	46.44	Texas State	5/1	Texas Invit
6	46.89	TAMUCC	5/1	Texas Invit
7	47.26	Sam Houston St	5/1	Northwestern St. Invit
8	47.60	UTSA	4/10	Trinity Alumni Classic
9	47.63	SE Louisiana	4/10	South Alabama Invit
10	47.85	McNeese St	5/1	Northwestern St. Invit
11	48.00	Central Arkansas	5/1	Northwestern St. Invit
12	48.43	Lamar	4/10	Ty Terrell Relays

Women 4x400m Relay

1	3:40.41	S.F. Austin	5/1	Arkansas Twilight
2	3:41.14	UT Arlington	5/14	SLC Championships
3	3:42.74	Northwestern St	5/14	SLC Championships
4	3:43.54	UTSA	5/14	SLC Championships
5	3:45.93	Sam Houston St	5/14	SLC Championships
6	3:49.11	Texas State	5/14	SLC Championships
7	3:50.71	Lamar	5/14	SLC Championships
8	3:50.94	Central Arkansas	4/10	Ole Miss Invit
9	3:51.51	Nicholls St	3/27	Florida St. Relays
10	3:55.51	SE Louisiana	4/17	LSU Alumni Gold
11	3:56.83	McNeese St	5/14	SLC Championships
12	4:12.99	TAMUCC	3/20	Cactus Cup

Women High Jump

1	1.74m	5-08.50	Valerie Hancock	Texas State	4/3	Texas Relays
2	1.72m	5-07.75	Lisa Bingham	Texas State	5/14	SLC Championships
3	1.71m	5-07.25	Carrie Hahn	S.F. Austin	4/24	J Fred Duckett Rice
4	1.68m	5-06.00	Tabitha Riley	S.F. Austin	3/27	Bobby Lane Invit
5	1.67m	5-05.75	Andrea Myers	McNeese St	5/14	SLC Championships
5	1.67m	5-05.75	Ebbonye Johnson	S.F. Austin	5/14	SLC Championships
5	1.67m	5-05.75	Keyera Thomas	Northwestern St	3/13	Cowboy Relays
8	1.66m	5-05.25	Sarah Jones	Northwestern St	4/10	Ty Terrell Relays
9	1.65m	5-05.00	Asiya Iskakova	Texas State	4/24	Texas State Invit
10	1.62m	5-03.75	Shartanae Swearengin	UTSA	4/3	Texas Relays
11	1.61m	5-03.25	Brooke Hewitt	Texas State	4/3	Texas Relays
11	1.61m	5-03.25	Jessica Potter	Central Arkansas	3/13	UCA Invit.
13	1.60m	5-03.00	Danessa Lyssy	Texas State	4/10	Trinity Alumni Classic
14	1.57m	5-01.75	Aimee Jonas	UTSA	5/8	Trinity Almost Last Chance
14	1.57m	5-01.75	Jasmine Ellis	Central Arkansas	4/3	Joey Haines Invit
16	1.56m	5-01.25	Monica Rosendall	S.F. Austin	5/1	Northwestern St. Invit
16	1.56m	5-01.25	Alicia Jackson	S.F. Austin	3/19	ASU Multi-Events
16	1.56m	5-01.25	Jordan Clements	S.F. Austin	5/1	Northwestern St. Invit
19	1.55m	5-01.00	Jessica Green	TAMUCC	5/1	Texas Invit
20	1.54m	5-00.50	Morgan Davis	Sam Houston St	4/10	North Texas Classic

Women Pole Vault

1	4.01m	13-01.75	Elena Horn	Texas State	4/24	Texas State Invit
2	4.00m	13-01.50	Lacey Sanchez	SE Louisiana	5/14	SLC Championships
3	3.86m	12-08.00	Jennifer Mathews	Texas State	4/3	Texas Relays
4	3.70m	12-01.50	Brittany Phantz	SE Louisiana	4/29	Cole-Lancon Twilight
5	3.66m	12-00.00	Kristi Hermes	Sam Houston St	4/10	Ty Terrell Relays
6	3.50m	11-05.75	Shelbie Zotyka	Sam Houston St	4/17	M Johnson Classic
6	3.50m	11-05.75	Janna Evans	Texas State	4/24	Texas State Invit
6	3.50m	11-05.75	Brooke Townzen	UTSA	3/27	Rice Bayou Classic
9	3.45m	11-03.75	Lauren Marks	UT Arlington	4/10	North Texas Classic
9	3.45m	11-03.75	MiKinley Rea	Central Arkansas	5/14	SLC Championships
11	3.35m	10-11.75	Sarah Sloan	S.F. Austin	3/27	Bobby Lane Invit
11	3.35m	10-11.75	Macy Wade	S.F. Austin	3/27	Bobby Lane Invit
11	3.35m	10-11.75	Erin Kleckley	McNeese St	3/18	Louisiana Classics
14	3.22m	10-06.75	Franki Taylor	McNeese St	4/17	LSU Alumni Gold
15	3.21m	10-06.25	Sammy Nash	UT Arlington	4/1	McMurry Relays
16	3.20m	10-06.00	Kayla Kana	S.F. Austin	4/24	J Fred Duckett Rice
16	3.20m	10-06.00	Kaylee Brazeel	Sam Houston St	4/24	J Fred Duckett Rice
18	3.10m	10-02.00	Kristin Eubanks	SE Louisiana	4/29	Cole-Lancon Twilight
19	2.90m	9-06.25	Emily Lewis	McNeese St	4/24	Texas State Invit
20	1.85m	6-00.75	Cara Patterson	TAMUCC	3/20	Cactus Cup

Women Long Jump

1	6.31m	2.4	20-08.50	Kassandra Son	TAMUCC	4/3	Texas Relays
2	6.20m	-1.3	20-04.25	Joy Egboba-Waye	S.F. Austin	5/14	SLC Championships
3	6.05m	5.0	19-10.25	Camelia Sams	S.F. Austin	5/1	Northwestern St. Invit
4	5.94m	-0.5	19-06.00	Ambra McQuin	Sam Houston St	5/14	SLC Championships
4	5.94m	0.5	19-06.00	Renee Sheppard	Texas State	5/14	SLC Championships
6	5.90m	7.2	19-04.25	Crystal Walker	S.F. Austin	5/1	Northwestern St. Invit
7	5.82m	3.0	19-01.25	Ebbonye Johnson	S.F. Austin	4/10	North Texas Classic
8	5.79m	-1.8	19-00.00	Jessica Edwards	UTSA	3/27	Rice Bayou Classic
9	5.74m	1.1	18-10.00	Jenna Lorentsen	Texas State	5/1	Texas Invit
10	5.73m	3.2	18-09.75	Jessica Tuck	Northwestern St	3/27	Bobby Lane Invit
11	5.66m	-0.3	18-07.00	Andie Guerra	UT Arlington	5/14	SLC Championships
12	5.64m	3.9	18-06.00	Alicia Jackson	S.F. Austin	5/1	Northwestern St. Invit
13	5.55m	1.7	18-02.50	Jennifer Brown	UT Arlington	5/1	Northwestern St. Invit
14	5.53m	0.3	18-01.75	Jessica Thomas	Texas State	5/14	SLC Championships
15	5.52m	2.6	18-01.50	Joshelyn Freeman	S.F. Austin	5/1	Northwestern St. Invit
15	5.52m	2.8	18-01.50	Sarah Jones	Northwestern St	4/10	Ty Terrell Relays
17	5.49m	3.2	18-00.25	Eboni Johnson	UTSA	4/10	Trinity Alumni Classic
18	5.44m	0.9	17-10.25	Aimee Jonas	UTSA	5/14	SLC Championships
19	5.42m	nwi	17-09.50	Shartanae Swearengin	UTSA	4/24	Texas State Invit
20	5.40m	nwi	17-08.75	Jordan Clements	S.F. Austin	4/10	North Texas Classic
20	5.40m	1.7	17-08.75	Tabitha Riley	S.F. Austin	5/14	SLC Championships

Women Triple Jump

1	12.43m	2.1	40-09.50	Ambra McQuin	Sam Houston St	5/29	NCAA West Preliminary
2	12.30m	-1.0	40-04.25	Camelia Sams	S.F. Austin	5/14	SLC Championships
3	12.26m	0.0	40-02.75	Kassandra Son	TAMUCC	4/24	J Fred Duckett Rice
4	12.23m	-0.9	40-01.50	Michelle Ogashi	SE Louisiana	5/14	SLC Championships
4	12.23m	0.2	40-01.50	Asiya Iskakova	Texas State	4/24	Texas State Invit
6	12.17m	-0.9	39-11.25	Crystal Walker	S.F. Austin	5/14	SLC Championships
7	12.06m	-0.1	39-07.00	Eboni Johnson	UTSA	5/14	SLC Championships
8	11.99m	4.0	39-04.00	Kelli Hermes	S.F. Austin	4/10	North Texas Classic
9	11.95m	3.8	39-02.50	Eld-Hah Kaswatuka	UT Arlington	4/10	North Texas Classic
10	11.89m	0.3	39-00.25	Jennifer Brown	UT Arlington	5/14	SLC Championships
11	11.58m	1.8	38-00.00	Jenna Lorentsen	Texas State	4/24	Texas State Invit
11	11.58m	2.2	38-00.00	Rebekah Hill	UTSA	4/10	Trinity Alumni Classic
13	11.48m	3.1	37-08.00	Jasmine Mitchell	Sam Houston St	4/10	Ty Terrell Relays
14	11.43m	-0.1	37-06.00	Tyesha McFarlin	TAMUCC	5/1	Texas Invit
15	11.32m	0.4	37-01.75	Sarah Jones	Northwestern St	3/27	Bobby Lane Invit
16	11.29m	0.1	37-00.50	Judith Schultheis	SE Louisiana	5/14	SLC Championships
17	11.24m	-3.5	36-10.50	Jessica Thomas	Texas State	4/24	Texas State Invit
18	11.09m	3.3	36-04.75	April Martin	Central Arkansas	3/20	Rhodes Open
19	11.04m	-1.0	36-02.75	Brooke Hewitt	Texas State	5/14	SLC Championships
20	10.57m	2.8	34-08.25	Kristin Gallow	Sam Houston St	4/10	Ty Terrell Relays

Women Shot Put

1	16.74m		54-11.25	Trecek Rew	Northwestern St	4/17	LSU Alumni Gold
2	14.86m		48-09.00	Frednisha Marshall	S.F. Austin	4/10	North Texas Classic
3	14.78m		48-06.00	Christina Webb	Sam Houston St	5/14	SLC Championships
4	14.22m		46-08.00	Kaitlyn Andrews	S.F. Austin	3/27	Bobby Lane Invit
5	14.15m		46-05.25	La'Shantena Rounds	McNeese St	4/24	Texas State Invit
6	14.07m		46-02.00	Zaquita McClanahan	UTSA	5/8	Trinity Almost Last Chance
7	13.80m		45-03.50	Ashlee Smith	McNeese St	3/18	Louisiana Classics
8	13.62m		44-08.25	Chantel Bratton	Northwestern St	3/13	Cowboy Relays
9	13.43m		44-00.75	Stacia Newton	UTSA	3/27	Rice Bayou Classic
10	13.36m		43-10.00	Shalicia Rochon	SE Louisiana	4/17	LSU Alumni Gold
11	12.93m		42-05.25	Amber Kelly	McNeese St	3/27	Bobby Lane Invit
12	12.84m		42-01.50	Kayla Smith	Texas State	5/8	Sooner May Open
13	12.80m		42-00.00	Ebonee Stephens	Sam Houston St	3/27	LSU Tiger Relays
14	12.62m		41-05.00	Amber Thomas	SE Louisiana	3/20	Jim Mize Invit.
15	12.41m		40-08.75	Kelsey Titzman	Texas State	4/24	Texas State Invit
16	12.39m		40-07.75	Jessica Fekete	SE Louisiana	4/29	Cole-Lancon Twilight
17	12.15m		39-10.50	Tasha Bryles	Central Arkansas	3/20	Rhodes Open

18	12.00m	39-04.50	Janae Allen	Northwestern St	3/13	Cowboy Relays
19	11.80m	38-08.75	Mackenzie Johnson	Central Arkansas	4/17	Memphis Invit
20	11.55m	37-10.75	Judith McGrew	Central Arkansas	5/14	SLC Championships

Women Discus

1	54.57m	179-00	Trecey Rew	Northwestern St	5/29	NCAA East Preliminary
2	50.70m	166-04	Katy Hanie	Texas State	5/8	Sooner May Open
3	47.74m	156-07	Ashlee Smith	McNeese St	5/14	SLC Championships
4	47.60m	156-02	Makayla Elliott	S.F. Austin	4/10	North Texas Classic
5	45.71m	150-00	Christina Webb	Sam Houston St	4/10	Ty Terrell Relays
6	44.44m	145-10	Kelsey Titzman	Texas State	5/14	SLC Championships
7	44.38m	145-07	Stacia Newton	UTSA	4/24	Texas State Invit
8	43.43m	142-06	Jaimee Bennett	UTSA	4/24	Texas State Invit
9	42.92m	140-10	Katherine Bakke	Texas State	5/14	SLC Championships
10	42.31m	138-10	Janae Allen	Northwestern St	3/18	Louisiana Classics
11	42.18m	138-05	Jalisa Hall	Texas State	4/24	Texas State Invit
12	41.40m	135-10	Kaitlyn Andrews	S.F. Austin	5/1	Northwestern St. Invit
13	39.38m	129-02	Ebonee Stephens	Sam Houston St	4/17	M Johnson Classic
14	38.95m	127-09	Autumn Stewart	Central Arkansas	3/20	Rhodes Open
15	37.52m	123-01	Marissa Cannon	SE Louisiana	4/10	South Alabama Invit
16	36.99m	121-04	Katie Bragg	UTSA	3/6	Trinity Open
17	36.24m	118-11	Chantel Bratton	Northwestern St	4/10	Ty Terrell Relays
18	34.81m	114-02	Tasha Bryles	Central Arkansas	5/14	SLC Championships
19	31.13m	102-01	Zaquita McClanahan	UTSA	3/6	Trinity Open

Women Hammer

1	53.02m	173-11	Frednisha Marshall	S.F. Austin	4/10	North Texas Classic
2	52.28m	171-06	Katie Bragg	UTSA	4/17	Mt. SAC Relays
3	49.86m	163-07	Trecey Rew	Northwestern St	3/13	Cowboy Relays
4	49.53m	162-06	Christina Webb	Sam Houston St	4/10	Ty Terrell Relays
5	49.27m	161-08	Renada Living	SE Louisiana	5/14	SLC Championships
6	49.05m	160-11	Janae Allen	Northwestern St	5/1	Northwestern St. Invit
7	48.10m	157-10	Chantel Bratton	Northwestern St	3/18	Louisiana Classics
8	47.88m	157-01	La'Shantena Rounds	McNeese St	5/14	SLC Championships
9	47.26m	155-01	Amber Thomas	SE Louisiana	3/20	Jim Mize Invit.
10	47.10m	154-06	Katherine Bakke	Texas State	5/1	Texas Invit
11	46.91m	153-11	Ebonee Stephens	Sam Houston St	5/14	SLC Championships
12	46.71m	153-03	Taelor Wilson	UTSA	4/10	Trinity Alumni Classic
13	45.85m	150-05	Jessica Fekete	SE Louisiana	4/29	Cole-Lancon Twilight
14	44.53m	146-01	Kayla Smith	Texas State	4/24	Texas State Invit
15	44.42m	145-09	Kelsey Titzman	Texas State	5/1	Texas Invit
16	44.33m	145-05	Jaimee Bennett	UTSA	3/6	Trinity Open
17	42.95m	140-11	Shalicia Rochon	SE Louisiana	4/29	Cole-Lancon Twilight
18	40.58m	133-02	Ashlee Smith	McNeese St	3/13	Cowboy Relays
19	39.59m	129-11	Jalisa Hall	Texas State	5/14	SLC Championships
20	38.39m	125-11	Judith McGrew	Central Arkansas	4/10	Ole Miss Invit

Women Javelin

1	48.30m	157-05	Leslie Bourgeois	Nicholls St	5/27	NCAA East Preliminary
2	45.10m	147-11	Yvette Schubert	SE Louisiana	4/3	Texas Relays
3	44.74m	146-09	Chelsey Steele	SE Louisiana	5/14	SLC Championships
4	43.10m	141-05	Aja Scott	Nicholls St	5/14	SLC Championships
5	42.76m	140-03	Shalicia Rochon	SE Louisiana	4/17	LSU Alumni Gold
6	42.62m	139-10	Laura Kerr	McNeese St	3/13	Cowboy Relays
7	42.59m	139-09	Taylor Hubbard	Texas State	5/8	Sooner May Open
8	42.27m	138-08	Megan Harlan	S.F. Austin	5/14	SLC Championships
9	40.78m	133-09	Meraiah Young	McNeese St	5/14	SLC Championships
9	40.78m	133-09	Danielle Daigle	Nicholls St	3/18	Louisiana Classics
11	40.70m	133-06	Amanda Lejeune	McNeese St	3/18	Louisiana Classics
12	40.58m	133-02	Carie Lantrip	Northwestern St	5/14	SLC Championships
13	40.29m	132-02	Delanie Nock	Northwestern St	5/14	SLC Championships
14	39.68m	130-02	Anna Foulds	Nicholls St	4/29	Cole-Lancon Twilight
15	39.60m	129-11	Brooke Carpenter	S.F. Austin	4/17	LSU Alumni Gold

16	38.96m	127-10	Laney Doucett	McNeese St	4/17	LSU Alumni Gold
17	38.84m	127-05	Petra Poznic	SE Louisiana	4/29	Cole-Lancon Twilight
18	37.44m	122-10	Allyson Sanner	McNeese St	5/14	SLC Championships
19	37.10m	121-09	Megan Snow	Central Arkansas	4/17	Memphis Invit
20	35.86m	117-08	Alyssa Cotton	McNeese St	5/14	SLC Championships

Women Heptathlon

1	4939	Tabitha Riley	S.F. Austin	5/14	SLC Championships
2	4675	Valerie Hancock	Texas State	4/3	Texas Relays
3	4662	Ebbonye Johnson	S.F. Austin	5/14	SLC Championships
4	4583	Aimee Jonas	UTSA	5/14	SLC Championships
5	4551	Shartanae Swearengin	UTSA	4/3	Texas Relays
6	4521	Morgan Davis	Sam Houston St	5/14	SLC Championships
7	4449	Jasmine Ellis	Central Arkansas	3/19	ULM Multi-Events
8	4403	Danessa Lyssy	Texas State	5/14	SLC Championships
9	4382	Kimberly Strong	UT Arlington	4/10	North Texas Classic
10	4381	Alicia Jackson	S.F. Austin	5/14	SLC Championships
11	4370	Megan Snow	Central Arkansas	5/14	SLC Championships
12	4295	Danielle Ordonez	Sam Houston St	4/10	North Texas Classic
13	4097	Jordan Clements	S.F. Austin	5/14	SLC Championships
14	3902	Raquel Kilgore	UT Arlington	4/10	North Texas Classic
15	3561	Alyssa Cotton	McNeese St	5/14	SLC Championships
16	3313	Emily Erickson	Sam Houston St	5/14	SLC Championships
17	3232	Courtney Lueders	Sam Houston St	5/14	SLC Championships
18	3163	Mallory Muckensturm	Central Arkansas	3/19	ULM Multi-Events