

Southland Conference Indoor Track & Field

2011 Women's Performance List

Final List - through NCAA Championships

[Links to meet results](#)

Includes all marks

- 55m marks converted to NCAA 60m standards

* - banked or oversized track marks converted to 200m flat track standards

Women 60m Dash

1	7.48		Pamela Vinson	FR	UT Arlington	2/25/11	SLC Indoor Championships
2	7.49		Jhorden Hunter	FR	UTSA	1/14/11	Leonard Hilton Invit
3	7.54		Renee Sheppard	SR	Texas State	2/25/11	SLC Indoor Championships
3	7.54	#	Shannon Reynolds	SO	UT Arlington	2/5/11	Shocker Quad
5	7.55		Samantha Calhoun	JR	Nicholls St	2/25/11	SLC Indoor Championships
6	7.58		Kassandra Son	SR	TAMUCC	2/25/11	SLC Indoor Championships
7	7.61		Krystal Wynn	FR	UTSA	2/25/11	SLC Indoor Championships
8	7.64		Arteria Sterns	SR	SF Austin	1/29/11	Houston Indoor Invit
9	7.68		Greneshia Wright	FR	UTSA	2/25/11	SLC Indoor Championships
10	7.69		Jessica Fisher	SR	Sam Houston St	1/13/11	Herm Wilson Invit
11	7.70		Ashleigh Wells	SO	McNeese St	2/25/11	SLC Indoor Championships
12	7.72		Courtney Miller	FR	Texas State	2/25/11	SLC Indoor Championships
13	7.73		Paige McCutcheon	FR	SF Austin	2/25/11	SLC Indoor Championships
14	7.75		Paige Lynch	SO	McNeese St	2/25/11	SLC Indoor Championships
15	7.76	#	Katrina Bettard	SO	Nicholls St	12/4/10	Kickoff Klassic
15	7.76		Alicia Noel	FR	SE Louisiana	2/25/11	SLC Indoor Championships
17	7.77	#a	Kristian Austin	FR	Sam Houston St	1/22/11	Texas Tech Invit
17	7.77		Brittney Solomon	SO	UTSA	2/25/11	SLC Indoor Championships
17	7.77	#	LaDoreal Thompson	SO	UT Arlington	2/5/11	Shocker Quad
17	7.77	#	Tanesha Maxwell	FR	Central Arkansas	1/22/11	Arkansas St Invit

Women 200m Dash

1	24.35		Pamela Vinson	FR	UT Arlington	2/25/11	SLC Indoor Championships
2	24.52		Renee Sheppard	SR	Texas State	2/25/11	SLC Indoor Championships
3	24.61		Shannon Reynolds	SO	UT Arlington	2/25/11	SLC Indoor Championships
4	24.86		Kassandra Son	SR	TAMUCC	2/25/11	SLC Indoor Championships
5	24.87		Samantha Calhoun	JR	Nicholls St	2/25/11	SLC Indoor Championships
6	24.88		Constance Seibles	SO	Northwestern St	2/25/11	SLC Indoor Championships
7	25.01		Mary Dickerson	JR	SF Austin	2/19/11	Sooner Invit
8	25.17	*	Jhorden Hunter	FR	UTSA	1/22/11	Texas Tech Invit
9	25.19		Ashleigh Wells	SO	McNeese St	2/25/11	SLC Indoor Championships
10	25.20		Krystal Wynn	FR	UTSA	2/25/11	SLC Indoor Championships
11	25.30		Arteria Sterns	SR	SF Austin	2/25/11	SLC Indoor Championships
12	25.34		Courtney Miller	FR	Texas State	2/25/11	SLC Indoor Championships
13	25.39		Vanessa Whitmire	FR	SF Austin	2/25/11	SLC Indoor Championships
14	25.41		Jessica Fisher	SR	Sam Houston St	1/13/11	Herm Wilson Invit
15	25.43		Kristian Austin	FR	Sam Houston St	2/25/11	SLC Indoor Championships
16	25.49		Breonna Baldwin	FR	UT Arlington	2/5/11	Shocker Quad
17	25.53		DeAndrea Smith	SO	UT Arlington	1/22/11	JD Martin Invit
18	25.55		Paige McCutcheon	FR	SF Austin	1/14/11	Leonard Hilton Invit
19	25.64		Sunday Foster	FR	Sam Houston St	1/13/11	Herm Wilson Invit
20	25.72		Angelica Kotun	SO	Northwestern St	2/25/11	SLC Indoor Championships

Women 400m Dash

1	54.99	*	Mary Dickerson	JR	SF Austin	3/5/11	Arkansas Final Qualifier
2	56.17		Consuela Lindsay	FR	Northwestern St	2/25/11	SLC Indoor Championships
3	56.55		DeAndrea Smith	SO	UT Arlington	2/25/11	SLC Indoor Championships
4	56.87		Amahra Edwards	SO	SF Austin	2/25/11	SLC Indoor Championships
5	56.95		Quiana Griffin	FR	Northwestern St	2/25/11	SLC Indoor Championships
5	56.95		Brittany Culbertson	SR	UT Arlington	2/25/11	SLC Indoor Championships
7	56.97	*	Lygia Foreman	FR	Sam Houston St	2/12/11	Iowa St Classic
8	57.17		Paige McCutcheon	FR	SF Austin	2/25/11	SLC Indoor Championships
9	57.27		Shavonne Armbrister	SR	UTSA	2/25/11	SLC Indoor Championships

10	57.41	Pamela Vinson	FR	UT Arlington	2/25/11	SLC Indoor Championships
11	57.75	Ayanna Magee	FR	Sam Houston St	2/25/11	SLC Indoor Championships
12	57.78	Monika May	SR	Sam Houston St	1/29/11	Houston Indoor Invit
13	58.08	Desarae Couthren	FR	McNeese St	2/25/11	SLC Indoor Championships
14	58.14	* Folashade George	SO	Sam Houston St	2/12/11	Iowa St Classic
15	58.17	Breonna Baldwin	FR	UT Arlington	2/25/11	SLC Indoor Championships
16	58.24	Tonica Wimberly	SO	Sam Houston St	2/25/11	SLC Indoor Championships
17	58.26	Briony Miller	SO	UTSA	2/25/11	SLC Indoor Championships
18	58.31	Elzbieta Gawron	FR	Lamar	2/25/11	SLC Indoor Championships
19	58.77	Kellie Trinkaus	SO	Texas State	2/19/11	Sooner Invit
20	59.03	Alicia Noel	FR	SE Louisiana	2/25/11	SLC Indoor Championships

Women 800m Run

1	2:11.06	Esther Abuto	SR	UT Arlington	2/25/11	SLC Indoor Championships
2	2:11.91	Lindsey Putman	SR	UT Arlington	2/25/11	SLC Indoor Championships
3	2:12.00	Danielle Burchett	JR	SF Austin	2/25/11	SLC Indoor Championships
4	2:14.17	Grace Williamson	FR	UTSA	2/25/11	SLC Indoor Championships
5	2:14.24	Lawana Perkins	JR	Northwestern St	2/25/11	SLC Indoor Championships
6	2:14.61	Jessica Mcleod	SR	Nicholls St	2/25/11	SLC Indoor Championships
7	2:15.22	Hanna Nilsson Palmgre	JR	Lamar	2/25/11	SLC Indoor Championships
8	2:15.54	Jennifer Carey	JR	UT Arlington	2/25/11	SLC Indoor Championships
9	2:16.09	* Alyssa Dooley	FR	Sam Houston St	2/12/11	Iowa St Classic
10	2:16.91	Andrea Warren	SR	Northwestern St	2/25/11	SLC Indoor Championships
11	2:17.07	Jackie White	FR	Nicholls St	2/25/11	SLC Indoor Championships
12	2:18.06	Tessa Denis	FR	Lamar	1/29/11	Houston Indoor Invit
13	2:19.47	Sarah Wedgeworth	FR	UTSA	2/25/11	SLC Indoor Championships
14	2:19.49	Perri Ford	SR	UT Arlington	2/25/11	SLC Indoor Championships
15	2:19.50	Danielle Higgins	JR	TAMUCC	2/25/11	SLC Indoor Championships
16	2:19.91	Katrina Turner	JR	SF Austin	2/25/11	SLC Indoor Championships
17	2:20.16	* Dakota Stewart	SR	Sam Houston St	2/12/11	Iowa St Classic
18	2:20.27	Nina Herrera	FR	UTSA	1/14/11	Leonard Hilton Invit
19	2:20.28	Courtney Efurd	SO	Central Arkansas	2/18/11	Missouri Coll Chall
20	2:20.72	Kayla Nehus	FR	Central Arkansas	2/25/11	SLC Indoor Championships

Women 1 Mile Run

1	4:59.86	* Samantha Walkow	SO	Lamar	3/5/11	Washington Last Chance
2	5:00.16	Katrine Vaesel	FR	Lamar	2/25/11	SLC Indoor Championships
3	5:02.00	* Nina Herrera	FR	UTSA	2/5/11	New Balance Invit
4	5:02.58	Lindsey Putman	SR	UT Arlington	2/25/11	SLC Indoor Championships
5	5:02.77	Taylor Cloy	JR	Lamar	2/5/11	Howie Ryan All-Comers
6	5:03.06	Kadi Whisnant	SR	Nicholls St	2/5/11	Jeff Davis Bank
7	5:03.14	Amy Talbot	SO	McNeese St	2/25/11	SLC Indoor Championships
8	5:04.96	Amanda McMahon	SR	UT Arlington	1/22/11	JD Martin Invit
9	5:05.87	Courtney Johnson	SR	TAMUCC	2/25/11	SLC Indoor Championships
10	5:07.82	Lauren Jones	SR	Nicholls St	2/5/11	Jeff Davis Bank
11	5:09.25	*a Julia Sambu	JR	TAMUCC	1/22/11	Texas Tech Invit
12	5:09.94	Lauren Smith	SO	SF Austin	2/19/11	Sooner Invit
13	5:10.01	Jessica Mcleod	SR	Nicholls St	2/18/11	LSU Twilight
14	5:10.46	Marissa Paz	SO	UT Arlington	2/25/11	SLC Indoor Championships
15	5:10.60	Marie Flores	SR	SF Austin	1/29/11	Houston Indoor Invit
16	5:11.16	BreAnna Briggs	SO	TAMUCC	2/25/11	SLC Indoor Championships
17	5:11.54	Emily Charlesworth	FR	Nicholls St	2/25/11	SLC Indoor Championships
18	5:11.57	Courtney Efurd	SO	Central Arkansas	2/25/11	SLC Indoor Championships
19	5:12.13	Caitlin Arumbula	SR	TAMUCC	2/25/11	SLC Indoor Championships
20	5:12.30	Meredith Blocker	SR	SF Austin	2/25/11	SLC Indoor Championships

Women 3000m Run

1	9:57.25	Samantha Walkow	SO	Lamar	2/25/11	SLC Indoor Championships
2	9:59.15	Julia Sambu	JR	TAMUCC	2/25/11	SLC Indoor Championships
3	9:59.62	Taylor Cloy	JR	Lamar	1/29/11	Houston Indoor Invit
4	9:59.75	Lauren Smith	SO	SF Austin	1/29/11	Houston Indoor Invit
5	10:04.55	Megan Jenkins	SR	SF Austin	2/25/11	SLC Indoor Championships
6	10:07.94	Lauren Jones	SR	Nicholls St	2/25/11	SLC Indoor Championships

7	10:07.97		Stephanie Armstrong	JR	Texas State	2/25/11	SLC Indoor Championships
8	10:12.04	*	Amanda McMahon	SR	UT Arlington	1/15/11	Texas A&M Challenge
9	10:12.07		Kristine Torres	SR	TAMUCC	2/25/11	SLC Indoor Championships
10	10:12.20		Kadi Whisnant	SR	Nicholls St	12/4/10	Kickoff Klassic
11	10:16.58		Laurie Byrd	FR	SF Austin	2/25/11	SLC Indoor Championships
12	10:17.55		Nina Herrera	FR	UTSA	1/29/11	Houston Indoor Invit
13	10:17.72		Amy Guinn	SR	McNeese St	12/4/10	Kickoff Klassic
14	10:17.94		Randi Wymer	SO	SF Austin	2/25/11	SLC Indoor Championships
15	10:20.19		Cecilia Gonzalez	FR	TAMUCC	2/25/11	SLC Indoor Championships
16	10:22.63		Alvy Carragher	JR	McNeese St	2/25/11	SLC Indoor Championships
17	10:24.15	*	Isabel Balbontin	FR	UTSA	2/5/11	New Balance Invit
18	10:25.87		Katrine Vaesel	FR	Lamar	1/29/11	Houston Indoor Invit
19	10:26.73	*	Samantha Fish	FR	UTSA	2/5/11	New Balance Invit
20	10:27.50		Fionnuala Ross	FR	McNeese St	1/14/11	McNeese Indoor I

Women 5000m Run

1	17:16.92		Taylor Cloy	JR	Lamar	2/25/11	SLC Indoor Championships
2	17:23.95		Lauren Smith	SO	SF Austin	2/25/11	SLC Indoor Championships
3	17:28.82		Megan Jenkins	SR	SF Austin	2/25/11	SLC Indoor Championships
4	17:37.88		Lauren Jones	SR	Nicholls St	2/25/11	SLC Indoor Championships
5	17:37.96		Laurie Byrd	FR	SF Austin	2/25/11	SLC Indoor Championships
6	17:40.04		Kristine Torres	SR	TAMUCC	2/25/11	SLC Indoor Championships
7	17:41.67		Amy Shackleford	SR	SF Austin	2/25/11	SLC Indoor Championships
8	17:52.20		Stephanie Armstrong	JR	Texas State	2/25/11	SLC Indoor Championships
9	17:59.23		Randi Wymer	SO	SF Austin	2/25/11	SLC Indoor Championships
10	18:24.16		Emily Carpenter	JR	Lamar	2/25/11	SLC Indoor Championships
11	19:01.68		Sandra Venegas	JR	Texas State	2/25/11	SLC Indoor Championships
12	19:04.27		Courtney Nelson	SO	UTSA	2/25/11	SLC Indoor Championships
13	19:12.05		Sara Collazos	JR	Sam Houston St	1/29/11	Houston Indoor Invit
14	19:16.71		Shelby Nichols	SO	TAMUCC	2/25/11	SLC Indoor Championships
15	19:31.49		Nora-Beth Saunders	SO	Lamar	1/14/11	Leonard Hilton Invit
16	19:35.49		Victoria Gemeny	JR	Sam Houston St	1/29/11	Houston Indoor Invit
17	19:45.33		Elizabeth Craig	SO	Central Arkansas	1/22/11	Arkansas St Invit
18	19:47.89	*a	Crystal Santos	SO	Sam Houston St	1/22/11	Texas Tech Invit
19	20:03.00		Daisy Cantu	JR	Lamar	1/29/11	Houston Indoor Invit
20	20:15.28		Courtney Haass	FR	UTSA	1/14/11	Leonard Hilton Invit

Women 60m Hurdles

1	8.55		Chelsea Stephen	FR	SF Austin	2/25/11	SLC Indoor Championships
2	8.57		Tywaneisha Spiller	SR	Sam Houston St	2/25/11	SLC Indoor Championships
3	8.61		Mariah Georgetown	FR	McNeese St	2/25/11	SLC Indoor Championships
4	8.63		Sabrina Starr	SO	Sam Houston St	1/13/11	Herm Wilson Invit
5	8.76	#	Judith Schultheis	SR	SE Louisiana	2/5/11	Jeff Davis Bank
6	8.81		Carly Szabo	FR	Texas State	1/29/11	Houston Indoor Invit
7	8.85		Amber Elkins	FR	Texas State	2/25/11	SLC Indoor Championships
8	8.86		Tess Mullings	FR	SE Louisiana	2/25/11	SLC Indoor Championships
8	8.86		Megan Snow	SO	Central Arkansas	2/25/11	SLC Indoor Championships
10	8.90		Alicia Jackson	SR	SF Austin	2/25/11	SLC Indoor Championships
10	8.90	#	Consuela Lindsay	FR	Northwestern St	2/5/11	Jeff Davis Bank
12	9.01		Desarae Couthren	FR	McNeese St	2/25/11	SLC Indoor Championships
13	9.02		Destinee Nixon	SR	UT Arlington	2/25/11	SLC Indoor Championships
13	9.02		Pashe Moore	JR	Sam Houston St	1/13/11	Herm Wilson Invit
15	9.03		Tina Valenzuela	FR	Texas State	2/25/11	SLC Indoor Championships
16	9.04		Cailey Olson	SR	Texas State	2/19/11	Sooner Invit
17	9.06		Allyson Pettit	FR	Sam Houston St	2/25/11	SLC Indoor Championships
18	9.07	#	Jasmine Ellis	SO	Central Arkansas	1/22/11	Arkansas St Invit
19	9.10		Morgan Davis	JR	Sam Houston St	2/25/11	SLC Indoor Championships
20	9.18		Kayla Fontenot	JR	McNeese St	2/25/11	SLC Indoor Championships

Women 4x400m Relay

1	3:48.10	Northwestern St	2/25/11	SLC Indoor Championships
2	3:48.61	UT Arlington	2/25/11	SLC Indoor Championships
3	3:48.94	Sam Houston St	2/25/11	SLC Indoor Championships
4	3:52.70	SF Austin	1/29/11	Houston Indoor Invit
5	3:53.79	Texas State	2/25/11	SLC Indoor Championships
6	3:54.88	SE Louisiana	2/25/11	SLC Indoor Championships
7	3:55.71	UTSA	2/25/11	SLC Indoor Championships
8	3:56.04	Lamar	2/25/11	SLC Indoor Championships
9	3:57.18	McNeese St	2/25/11	SLC Indoor Championships
10	3:58.66	Nicholls St	2/25/11	SLC Indoor Championships
11	4:02.83	Central Arkansas	2/25/11	SLC Indoor Championships
12	4:08.99	TAMUCC	2/5/11	Howie Ryan All-Comers

Women Distance Medley Relay

1	12:01.36	Nicholls St	2/25/11	SLC Indoor Championships
2	12:01.97	UT Arlington	2/25/11	SLC Indoor Championships
3	12:04.61	UTSA	2/25/11	SLC Indoor Championships
4	12:13.57	Lamar	2/25/11	SLC Indoor Championships
5	12:18.25	TAMUCC	2/25/11	SLC Indoor Championships
6	12:20.70	Texas State	2/25/11	SLC Indoor Championships
7	12:28.13	McNeese St	2/25/11	SLC Indoor Championships
8	12:31.79	Sam Houston St	1/29/11	Houston Indoor Invit
9	12:37.65	SE Louisiana	2/25/11	SLC Indoor Championships
10	12:40.16	Central Arkansas	2/25/11	SLC Indoor Championships
11	12:46.15	SF Austin	2/25/11	SLC Indoor Championships
12	13:01.65	Northwestern St	1/15/11	Texas A&M Challenge

Women High Jump

1	1.75m	5-08.75	Carrie Hahn	JR SF Austin	2/25/11	SLC Indoor Championships
2	1.70m	5-07.00	Marniqua Thompson	FR UT Arlington	2/25/11	SLC Indoor Championships
3	1.65m	5-05.00	Danielle Candelaria	FR Texas State	2/25/11	SLC Indoor Championships
3	1.65m	5-05.00	Lisa Bingham	SO Texas State	1/29/11	Houston Indoor Invit
3	1.65m	5-05.00	Chelsea Dockrey	SR Nicholls St	2/5/11	Jeff Davis Bank
6	1.64m	5-04.50	Jasmine Ellis	SO Central Arkansas	2/25/11	SLC Indoor Championships
7	1.63m	5-04.25	Jessica Potter	SO Central Arkansas	2/5/11	SIU Invit
7	1.63m	5-04.25	Shelby Zigmond	FR Texas State	1/29/11	Houston Indoor Invit
7	1.63m	5-04.25	Aimee Jonas	SR UTSA	1/29/11	Houston Indoor Invit
10	1.62m	5-03.75	Keyera Thomas	JR Northwestern St	1/15/11	Texas A&M Challenge
11	1.61m	5-03.25	Danessa Lyssy	SO Texas State	2/4/11	New Mexico Classic
11	1.61m	5-03.25	Carly Szabo	FR Texas State	2/4/11	New Mexico Classic
11	1.61m	5-03.25	Heather McPherson	FR SF Austin	2/19/11	Sooner Invit
11	1.61m	5-03.25	Danielle Ordenez	JR Sam Houston St	2/25/11	SLC Indoor Championships
15	1.60m	5-03.00	Jasmine Cornelius	FR McNeese St	12/4/10	Kickoff Klassic
15	1.60m	5-03.00	Chisom Ejekam	FR Sam Houston St	1/29/11	Houston Indoor Invit
17	1.58m	5-02.25	Mariah Georgetown	FR McNeese St	2/25/11	SLC Indoor Championships
18	1.57m	5-01.75	Megan Harlan	JR SF Austin	1/29/11	Houston Indoor Invit
19	1.55m	5-01.00	Kayla Fontenot	JR McNeese St	2/25/11	SLC Indoor Championships
19	1.55m	5-01.00	Alicia Jackson	SR SF Austin	2/25/11	SLC Indoor Championships
19	1.55m	5-01.00	Alex Vidos	FR SE Louisiana	1/29/11	Houston Indoor Invit
19	1.55m	5-01.00	Sarah Jones	SO Northwestern St	2/25/11	SLC Indoor Championships
19	1.55m	5-01.00	Morgan Davis	JR Sam Houston St	2/25/11	SLC Indoor Championships

Women Pole Vault

1	3.90m	12-09.50	Elena Horn	JR Texas State	2/25/11	SLC Indoor Championships
2	3.75m	12-03.50	Macy Wade	SO SF Austin	2/25/11	SLC Indoor Championships
2	3.75m	12-03.50	April Benavidez	FR UTSA	2/25/11	SLC Indoor Championships
4	3.60m	11-09.75	Brittany Phantz	SO SE Louisiana	2/25/11	SLC Indoor Championships
5	3.50m	11-05.75	Butler Colleen	FR SE Louisiana	2/5/11	Jeff Davis Bank
6	3.45m	11-03.75	Leslie Ables	FR Texas State	2/25/11	SLC Indoor Championships
7	3.40m	11-01.75	Shelbie Zotyka	SO Sam Houston St	1/22/11	Texas Tech Invit
8	3.36m	11-00.25	Sammy Nash	SR UT Arlington	1/15/11	Texas A&M Challenge
9	3.30m	10-10.00	Rachel Stewart	FR UTSA	2/5/11	Howie Ryan All-Comers

9	3.30m	10-10.00	Alyssa Cotten	SO McNeese St	12/4/10	Kickoff Klassic
9	3.30m	10-10.00	Sarah Sloan	JR SF Austin	2/25/11	SLC Indoor Championships
12	3.21m	10-06.25	Lauren Marks	SR UT Arlington	1/15/11	Texas A&M Challenge
13	3.15m	10-04.00	MiKinley Rea	SO Central Arkansas	2/25/11	SLC Indoor Championships
14	3.10m	10-02.00	Kristin Eubanks	JR SE Louisiana	1/29/11	Houston Indoor Invit

Women Long Jump

1	5.96m	19-06.75	Crystal Walker	SO SF Austin	2/25/11	SLC Indoor Championships
2	5.94m	19-06.00	Kassandra Son	SR TAMUCC	2/5/11	Howie Ryan All-Comers
3	5.93m	19-05.50	Laura Oseghae	FR UTSA	2/25/11	SLC Indoor Championships
4	5.89m	19-04.00	Camelia Sams	SR SF Austin	2/25/11	SLC Indoor Championships
5	5.79m	19-00.00	Kirsten Knox	FR SF Austin	1/15/11	Texas A&M Challenge
6	5.74m	18-10.00	Greneshia Wright	FR UTSA	2/5/11	New Balance Invit
7	5.71m	18-09.00	Ambra McCuin	JR Sam Houston St	1/13/11	Herm Wilson Invit
8	5.70m	18-08.50	Jennifer Brown	SO UT Arlington	1/22/11	JD Martin Invit
9	5.66m	18-07.00	Renee Sheppard	SR Texas State	2/25/11	SLC Indoor Championships
10	5.65m	18-06.50	Jessica Edwards	SO UTSA	1/29/11	Houston Indoor Invit
11	5.60m	18-04.50	Mariah Georgetown	FR McNeese St	1/14/11	McNeese Indoor I
12	5.56m	18-03.00	Jasmine Cornelius	FR McNeese St	1/29/11	Houston Indoor Invit
13	5.55m	18-02.50	Ernestine Cray	FR TAMUCC	2/5/11	Howie Ryan All-Comers
13	5.55m	18-02.50	Alicia Jackson	SR SF Austin	2/12/11	Iowa St Classic
15	5.51m	18-01.00	Sunday Foster	FR Sam Houston St	1/13/11	Herm Wilson Invit
16	5.41m	17-09.00	Nia Stewart	FR SE Louisiana	2/5/11	Jeff Davis Bank
17	5.40m	17-08.75	Kayla Fontenot	JR McNeese St	2/25/11	SLC Indoor Championships
18	5.35m	17-06.75	Michelle Ogashi	JR SE Louisiana	1/29/11	Houston Indoor Invit
19	5.34m	17-06.25	Courtnei Carter	FR McNeese St	2/25/11	SLC Indoor Championships
20	5.32m	17-05.50	Danessa Lyssy	SO Texas State	2/4/11	New Mexico Classic

Women Triple Jump

1	12.33m	40-05.50	Kassandra Son	SR TAMUCC	2/25/11	SLC Indoor Championships
2	12.26m	40-02.75	Ernestine Cray	FR TAMUCC	2/25/11	SLC Indoor Championships
3	12.25m	40-02.25	Eboni Johnson	SO UTSA	2/5/11	New Balance Invit
4	12.20m	40-00.50	Michelle Ogashi	JR SE Louisiana	2/25/11	SLC Indoor Championships
5	12.13m	39-09.75	Ambra McCuin	JR Sam Houston St	2/25/11	SLC Indoor Championships
6	12.10m	39-08.50	Jacqueline Berry	SO McNeese St	2/25/11	SLC Indoor Championships
6	12.10m	39-08.50	Kirsten Knox	FR SF Austin	2/25/11	SLC Indoor Championships
8	11.96m	39-03.00	Chisom Ejekam	FR Sam Houston St	2/25/11	SLC Indoor Championships
9	11.79m	38-08.25	Jennifer Brown	SO UT Arlington	1/29/11	Houston Indoor Invit
10	11.61m	38-01.25	Laura Oseghae	FR UTSA	2/5/11	Howie Ryan All-Comers
11	11.59m	38-00.25	Camelia Sams	SR SF Austin	2/25/11	SLC Indoor Championships
12	11.55m	37-10.75	Kelli Hermes	SO SF Austin	2/19/11	Sooner Invit
13	11.48m	37-08.00	Destinee Nixon	SR UT Arlington	2/25/11	SLC Indoor Championships
14	11.47m	37-07.75	Sarah Jones	SO Northwestern St	2/25/11	SLC Indoor Championships
15	11.44m	37-06.50	April Martin	SO Central Arkansas	2/25/11	SLC Indoor Championships
16	11.19m	36-08.50	Crystal Walker	SO SF Austin	2/25/11	SLC Indoor Championships
17	11.18m	36-08.25	Morgan Domingue	FR UT Arlington	1/29/11	Houston Indoor Invit
18	11.11m	36-05.50	Marniqua Thompson	FR UT Arlington	2/25/11	SLC Indoor Championships
19	11.07m	36-04.00	Anilah Bashir	FR Central Arkansas	2/18/11	Missouri Coll Chall
20	10.83m	35-06.50	Judith Schultheis	SR SE Louisiana	2/5/11	Jeff Davis Bank

Women Shot Put

1	16.17m	53-00.75	Trecey Rew	SR Northwestern St	3/4/11	LSU NCAA Indoor Qualifier
2	14.58m	47-10.00	Kerri Simmons	FR Nicholls St	2/25/11	SLC Indoor Championships
3	14.53m	47-08.00	Jenny Zoch	JR Sam Houston St	2/25/11	SLC Indoor Championships
4	14.24m	46-08.75	Zaquita McClanahan	SO UTSA	1/29/11	Houston Indoor Invit
5	14.13m	46-04.25	Kelsey Titzman	SO Texas State	2/19/11	Sooner Invit
6	14.03m	46-00.50	Ashlee Smith	SO McNeese St	2/5/11	Jeff Davis Bank
7	14.02m	46-00.00	Christina Webb	SR Sam Houston St	2/25/11	SLC Indoor Championships
8	13.67m	44-10.25	DeAnn Washington	SR McNeese St	2/12/11	Tyson Invit
9	13.66m	44-09.75	Stacia Newton	SO UTSA	2/25/11	SLC Indoor Championships
9	13.66m	44-09.75	Shalicia Rochon	SO SE Louisiana	2/18/11	LSU Twilight
11	13.43m	44-00.75	Chantel Bratton	SO Northwestern St	1/29/11	Houston Indoor Invit
12	13.32m	43-08.50	Janae Allen	SO Northwestern St	2/25/11	SLC Indoor Championships

13	13.11m	43-00.25	Keona Jackson	FR	Northwestern St	1/29/11	Houston Indoor Invit
14	12.72m	41-08.75	Samantha Little	FR	UT Arlington	2/25/11	SLC Indoor Championships
15	12.49m	40-11.75	Tasha Bryles	SO	Central Arkansas	1/22/11	Arkansas St Invit
16	12.14m	39-10.00	Jessica Fekete	SO	SE Louisiana	2/25/11	SLC Indoor Championships
17	11.70m	38-04.75	Mackenzie Johnson	SO	Central Arkansas	12/4/10	Kickoff Klassic
18	11.69m	38-04.25	Kayla Fontenot	JR	McNeese St	2/25/11	SLC Indoor Championships
19	11.68m	38-04.00	Danessa Lyssy	SO	Texas State	2/4/11	New Mexico Classic
20	11.59m	38-00.25	Petra Poznic	JR	SE Louisiana	2/5/11	Jeff Davis Bank
20	11.59m	38-00.25	Shakemia Johnson	FR	Northwestern St	2/25/11	SLC Indoor Championships

Women Weight Throw

1	18.20m	59-08.50	Trecey Rew	SR	Northwestern St	2/18/11	LSU Twilight
2	17.37m	57-00.00	Renada Living	JR	SE Louisiana	2/25/11	SLC Indoor Championships
3	17.02m	55-10.25	Katie Bragg	SO	UTSA	2/25/11	SLC Indoor Championships
4	16.94m	55-07.00	Christina Webb	SR	Sam Houston St	2/25/11	SLC Indoor Championships
5	16.34m	53-07.50	Taelor Wilson	JR	UTSA	2/25/11	SLC Indoor Championships
6	16.25m	53-03.75	Shalicia Rochon	SO	SE Louisiana	2/25/11	SLC Indoor Championships
7	15.87m	52-01.00	Janae Allen	SO	Northwestern St	2/18/11	LSU Twilight
8	15.76m	51-08.50	Jaimee Bennett	SO	UTSA	2/25/11	SLC Indoor Championships
9	15.69m	51-05.75	Kelsey Titzman	SO	Texas State	2/19/11	Sooner Invit
10	15.64m	51-03.75	Ashlee Smith	SO	McNeese St	1/14/11	McNeese Indoor I
11	15.58m	51-01.50	Jalisa Hall	SO	Texas State	2/19/11	Sooner Invit
12	15.53m	50-11.50	Jessica Fekete	SO	SE Louisiana	1/15/11	LSU Purple Tiger
13	15.10m	49-06.50	Keona Jackson	FR	Northwestern St	2/5/11	Jeff Davis Bank
14	15.02m	49-03.50	DeAnn Washington	SR	McNeese St	2/25/11	SLC Indoor Championships
15	14.61m	47-11.25	Brittany Roberts	FR	UTSA	1/14/11	Leonard Hilton Invit
16	14.60m	47-11.00	Chantel Bratton	SO	Northwestern St	2/5/11	Jeff Davis Bank
17	14.36m	47-01.50	Jenny Zoch	JR	Sam Houston St	2/5/11	Howie Ryan All-Comers
18	13.70m	44-11.50	Samantha Little	FR	UT Arlington	2/25/11	SLC Indoor Championships
19	13.05m	42-09.75	Mackenzie Johnson	SO	Central Arkansas	2/5/11	SIU Invit
20	12.59m	41-03.75	Shakemia Johnson	FR	Northwestern St	2/5/11	Jeff Davis Bank

Women Pentathlon

1	3425	Aimee Jonas	SR	UTSA	2/25/11	SLC Indoor Championships
2	3403	Morgan Davis	JR	Sam Houston St	2/25/11	SLC Indoor Championships
3	3384	Jasmine Ellis	SO	Central Arkansas	2/25/11	SLC Indoor Championships
4	3380	Mariah Georgetown	FR	McNeese St	2/25/11	SLC Indoor Championships
5	3370	Danessa Lyssy	SO	Texas State	2/4/11	New Mexico Classic
6	3355	Danielle Ordonez	JR	Sam Houston St	2/25/11	SLC Indoor Championships
7	3331	Alicia Jackson	SR	SF Austin	2/25/11	SLC Indoor Championships
8	3325	Megan Harlan	JR	SF Austin	2/12/11	Iowa St Classic
9	3312	Kayla Fontenot	JR	McNeese St	2/25/11	SLC Indoor Championships
10	3273	Carly Szabo	FR	Texas State	2/4/11	New Mexico Classic
11	3206	Tina Valenzuela	FR	Texas State	2/25/11	SLC Indoor Championships
12	3188	Shartanae Swearengin	SO	UTSA	1/29/11	Houston Indoor Invit
13	3062	Raquel Kilgore	SO	UT Arlington	2/25/11	SLC Indoor Championships
14	3054	Jordan Clements	SO	SF Austin	2/25/11	SLC Indoor Championships
15	2968	Allyson Pettit	FR	Sam Houston St	2/25/11	SLC Indoor Championships
16	2967	Shelby Zigmond	FR	Texas State	1/29/11	Houston Indoor Invit
17	2939	Marissa Cooksey	SO	UTSA	2/25/11	SLC Indoor Championships
18	2912	Desarae Couthren	FR	McNeese St	12/4/10	Kickoff Klassic
19	2908	Marniqua Thompson	FR	UT Arlington	2/5/11	Shocker Quad
20	2890	Brookeana Witt	FR	UT Arlington	2/25/11	SLC Indoor Championships