

2007 SOUTHLAND CONFERENCE INDOOR TRACK & FIELD CHAMPIONSHIPS

FEBRUARY 16-17 HOUSTON, TEXAS YEOMAN FIELDHOUSE

CENTRAL ARKANSAS



LAMAR



MCNEESE STATE



NICHOLLS STATE



NORTHWESTERN STATE



SAM HOUSTON STATE



SOUTHEASTERN LOUISIANA



STEPHEN F. AUSTIN



UT ARLINGTON



TEXAS-SAN ANTONIO



A&M-CORPUS CHRISTI



TEXAS STATE



The Texas-San Antonio men's team won its first conference indoor track and field title in 2006.



The Stephen F. Austin Ladyjacks claimed their first indoor track and field title in 2005 and repeated in 2006.



Southland Conference

2007 Indoor Track & Field Championship

Meet Schedule



Awards presented immediately after completion of each event.

Thursday, February 15

5:00 a.m. - 8:00 p.m. Warm-up
6:30 p.m. Coaches Meeting

Friday, February 16

7: a.m. Facility available for warm-up

HEPTATHLON / PENTATHLON

8:30 a.m.	60M Hurdles	Women
8:50 a.m.	60M Hurdles	Men
~9:30 a.m.	High Jump	Women
~9:50 a.m.	Long Jump	Men
~10:55 a.m.	Shot Put	Men
~12:00 p.m.	Shot Put	Women
~12:00 p.m.	High Jump	Men
~1:05 p.m.	Long Jump	Women
~2:15 p.m.	800M	Women

FIELD EVENTS

3:00 p.m.	20 lb Weight	Women	Finals
3:00 p.m.	Pole Vault	Men	Finals
3:30 p.m.	High Jump	Women	Finals
	*High Jump	Men	Finals
4:00 p.m.	Long Jump	Men	Finals
	*Long Jump	Women	Finals
5:30 p.m.	35 lb Weight	Men	Finals

*Immediately following Men's/Women's Finals

RUNNING EVENTS

4:00 p.m.	Mile	Women	Trials
4:15 p.m.	Mile	Men	Trials
4:30 p.m.	60M Hurdles	Women	Trials
4:45 p.m.	60M Hurdles	Men	Trials
5:00 p.m.	60M Dash	Women	Trials
5:15 p.m.	60M Dash	Men	Trials
5:30 p.m.	400M	Women	Trials
5:45 p.m.	400M	Men	Trials
6:00 p.m.	60M Hurdles	Women	Semis
6:10 p.m.	60M Hurdles	Men	Semis
6:20 p.m.	60M Dash	Women	Semis
6:30 p.m.	60M Dash	Men	Semis
6:40 p.m.	800M	Women	Trials
6:55 p.m.	800M	Men	Trials
7:10 p.m.	200M	Women	Trials
7:25 p.m.	200M	Men	Trials
7:40 p.m.	5000M	Women	Finals

8:05 p.m.	5000M	Men	Finals
8:25 p.m.	Distance Medley	Women	Finals
8:40 p.m.	Distance Medley	Men	Finals

Saturday, February 17

7:00 a.m. Facility available for warm-up

HEPTATHLON

8:30 a.m.	60M Hurdles	Men
~9:35 a.m.	Pole Vault	Men
~1:00 p.m.	1000M	Men

FIELD EVENTS

11:00 a.m.	Triple Jump	Men	Finals
	*Triple Jump	Women	Finals
11:00 a.m.	Shot Put	Women	Finals
	*Shot Put	Men	Finals
1:00 p.m.	Pole Vault	Women	Finals

*Immediately following Men's/Women's Finals

OPENING CEREMONY

1:15 p.m. Opening Ceremony

RUNNING EVENTS

1:30 p.m.	Mile	Women	Finals
1:40 p.m.	Mile	Men	Finals
1:50 p.m.	60M Hurdles	Women	Finals
2:00 p.m.	60M Hurdles	Men	Finals
2:10 p.m.	60M Dash	Women	Finals
2:15 p.m.	60M Dash	Men	Finals
2:25 p.m.	400M	Women	Finals
2:35 p.m.	400M	Men	Finals
2:45 p.m.	800M	Women	Finals
2:55 p.m.	800M	Men	Finals
3:05 p.m.	200M	Women	Finals
3:15 p.m.	200M	Men	Finals
3:25 p.m.	3000M	Women	Finals
3:55 p.m.	3000M	Men	Finals
4:20 p.m.	1600M Relay	Women	Finals
4:35 p.m.	1600M Relay	Men	Finals
5:00 p.m.	Awards Ceremony, High Point Athletes, Coaches, Team Champions		

2007 Championship Staff

Meet Director: Tina Cheatham
Announcer: J. Fred Druckett
Facility Coordinator: Alan Villavasso
Meet Referee: Shirley Crowe
Starter: James Green, Marion Jones
Head Official: Lou Vicenik, Willie Richardson
Games Committee: Head Coaches and Tina Cheatham
Results Coordination: Flash Results-Texas



NCAA INDOOR CHAMPIONSHIP QUALIFYING STANDARDS



NCAA CHAMPIONSHIP
MARCH 5 • FAYETTEVILLE, ARKANSAS
RANDAL TYSON TRACK CENTER

MEN			WOMEN		
Event	Automatic	Provisional	Event	Automatic	Provisional
60 Meters	6.62	6.74	60 Meters	7.27	7.44
60-Meter Hurdles	7.70	7.91	60-Meter Hurdles	8.15	8.43
200 Meters	21.33	21.73	200 Meters	23.70	24.30
400 Meters	46.85	48.05	400 Meters	53.00	55.00
800 Meters	1:48.40	1:50.50	800 Meters	2:05.60	2:09.40
Mile	3:59.80	4:04.80	Mile	4:40.60	4:48.60
3,000 Meters	7:55.30	8:06.30	3,000 Meters	9:15.80	9:34.80
5,000 Meters	13:49.90	14:11.80	5,000 Meters	16:09.60	16:43.60
1,600-Meter Relay	3:09.70	3:13.60	1,600-Meter Relay	3:35.40	3:42.40
Distance Medley Relay	9:36.20	9:47.90	Distance Medley Relay	11:11.00	11:32.00
High Jump	7-04.25	7-01.00	High Jump	6-00.50	5-10.00
Pole Vault	18-00.50	17-00.75	Pole Vault	13-09.25	12-11.50
Long Jump	25-09.25	24-07.25	Long Jump	21-00.00	20-00.25
Triple Jump	52-10.00	50-06.25	Triple Jump	43-07.75	41-06.00
Shot Put	63-04.00	58-03.00	Shot Put	55-05.50	49-10.50
35-Pound Weight	70-06.50	63-11.75	20-Pound Weight	68-10.75	62-04.00
Heptathlon	5,650	5,300	Pentathlon	4,050	3,700

NCAA History-Indoor Champions

MEN		WOMEN	
Year	School	Year	School
1973	Manhattan	1983	Nebraska
1974	Texas-El Paso	1984	Nebraska
1975	Texas-El Paso	1985	Florida State
1976	Texas-El Paso	1986	Texas
1977	Washington State	1987	LSU
1978	Texas-El Paso	1988	Texas
1979	Villanova	1989	LSU
1980	Texas-El Paso	1990	Texas
1981	Texas-El Paso	1991	LSU
1982	Texas-El Paso	1992	Florida
1983	Southern Methodist	1993	LSU
1984	Arkansas	1994	LSU
1985	Arkansas	1995	LSU
1986	Arkansas	1996	LSU
1987	Arkansas	1997	LSU
1988	Arkansas	1998	Texas
1989	Arkansas	1999	Texas
1990	Arkansas	2000	UCLA
1991	Arkansas	2001	UCLA
1992	Arkansas	2002	LSU
1993	Arkansas	2003	LSU
1994	Arkansas	2004	LSU
1995	Arkansas	2005	Tennessee
1996	George Mason	2006	Texas
1997	Arkansas		
1998	Arkansas		
1999	Arkansas		
2000	Arkansas		
2001	LSU		
2002	Tennessee		
2003	Arkansas		
2004	LSU		
2005	Arkansas		
2006	Arkansas		

TEAM ROSTERS



CENTRAL ARKANSAS



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Kyle Boedeker	Fr.	Sprints/Relays	Bentonville, Ark.	Kala Daniels	Fr.	Multi-events	Crossett, Ark.
Steven Brown	Fr.	Sprints/Relays	Alto, Texas	Lori Garside	So.	Multi-events	Gentry, Ark.
Matt Brozak	Jr.	Distance	Beebe, Ark.	Patricia Hampton	Fr.	Multi-events	Little Rock, Ark.
Drew Connor	So.	Distance	Fayetteville, Ark.	Chemia Herron	Fr.	Multi-events	Monticello, Ark.
Jeremy Davis	Fr.	Sprints/Relays	Tallahassee, Fla.	Rene Hooper	So.	Multi-events	Louisville, Ky.
Allan Fairbanks	Fr.	Throws	Magazine, Ark.	Krystal Hughes	So.	Distance	Texarkana, Ark.
Raven Fuller	Fr.	Distance	Conway, Ark.	Jill Kramer	Fr.	Jumps	Bangkok, Thailand
Thaddeus Gordon	Fr.	Sprints/Relays/Jumps	Lufkin, Texas	Callie Massarelli	Jr.	Distance	Ft. Walton Beach, Fla.
Tom Holmon	So.	Distance	Fayetteville, Ark.	Lauren Merritt	Jr.	Distance	Texarkana, Texas
Justin Johnson	So.	Sprints	Shreveport, La.	Emily Miles	Fr.	Hurdles/Heptathlon	McGehee, Ark.
Cameron Kinard	Sr.	Sprints/Relays	Wichita, Kan.	Christine Pitoniak	So.	Distance	Memphis, Tenn.
Ross Kramer	So.	Distance	Janesville, Wisc.	Michelle Pitoniak	So.	Distance	Memphis, Tenn.
Donavan Loring	Fr.	Hurdles/Jumps/Decathlon	Little Rock, Ark.	Felicia Prince	So.	Distance	McLeod, Texas
Josh Martine	Fr.	Sprints/Relays/Hurdles	Greenwood, Ark.	Kerry Simons	Fr.	Sprints/Relays	Irving, Texas
Danny McBride	So.	Distance/Relays	West Plains, Mo.	Deyonna Stewart	Fr.	Sprints/Relays	Conway, Ark.
Nick Miller	So.	Sprints/Relays	Atlanta, Texas	Chelsea Sutton	So.	Throws	Shreveport, La.
Harry Neal	So.	Sprints/Relays	North Little Rock, Ark.	Mallory Tate	So.	Sprints/Relays	Conway, Ark.
Simeon Ogboaloh	Fr.	Sprints/Jumps	Dallas, Texas	Shamille Taylor	So.	Sprints/Relays	Little Rock, Ark.
Calvin Ray	Jr.	Distance/Relays/Hurdles	Wharton, Texas	Whitney Welch	Jr.	Distance	Sheridan, Ark.
Chris Roberts	Fr.	Distance/Relays	Beebe, Ark.	Lyntoria Williams	Fr.	Sprints/Hurdles	Camden, Ark.
Travis Rogers	So.	Throws	Maumelle, Ark.				
Bentley Simmons	Jr.	Sprints/Relays	Freeport, Bahamas				
Justin Smith	Fr.	Distance/Relays	Heber Springs, Ark.				
Michael Thomas	Fr.	Hurdles/Jumps/Decathlon	Hot Springs, Ark.				
Eric Ware	So.	Hurdles/Sprints	Little Rock, Ark.				

Head Coach: Richard Martin
Assistant Coaches: Buddy Herndon, Larry Rogers



LAMAR



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Randy Becker	Fr.	Distance	Bridge City, Texas	Sahara Abraham	Jr.	Sprints	Tulsa, Okla.
Stephen Boone	Jr.	Hurdles	Nassau Bay, Texas	Anaka Bailey	Fr.	Sprints	Coldspring, Texas
Aaron Brannen	Fr.	Distance	Bridge City, Texas	Kim Ballenger	Sr.	Hurdles	Tatum, Texas
Frank Bwambale	Jr.	Distance	Nakifuma, Uganda	Mercy Bungei	Fr.	Distance	Kapchorwa, Uganda
Michael Gauthier	Jr.	Sprints	Bridge City, Texas	Renee Graham	Jr.	Distance	Hawera, New Zealand
Robert Gerard	Fr.	Sprints	Beaumont, Texas	Domonique Jenkins	Fr.	Sprints	Houston, Texas
Andrew Haggquist	Fr.	Sprints	Vidor, Texas	Adrianne Johnson	So.	Sprints	Houston, Texas
Obehi Iredia	Fr.	Hurdles	Houston, Texas	Jessika Johnson	Jr.	Hurdles	Humble, Texas
Francis Kasagule	Fr.	Distance	Gayhza, Uganda	Mary Johnson	Fr.	Distance	Spring, Texas
Samuel Kosgei	So.	Distance	Kapchorwa, Uganda	Amanda King	Sr.	Distance	Tauranga, New Zealand
Jordan Lewis	Fr.	Sprints	Beaumont, Texas	Rachel Kingsford	Fr.	Distance	Matamata, Zew Zealand
Hamish Meacheam	Sr.	Distance	Hamilton, New Zealand	Clerc Koenck	Jr.	Distance	Anacoco, La.
Hope Ngumezi	Fr.	Sprints	Houston, Texas	Kayla LeBlanc	Jr.	Sprints	Lumberton, Texas
Cody Roberts	Fr.	Sprints	Orange, Texas	Karesse Lethermon	Fr.	Distance	Spring, Texas
Jared Rodriguez	Fr.	Distance	Baytown, Texas	Alexandra Mayfield	Jr.	Hurdles/Jumps	Los Fresnos, Texas
Rory Scales	Fr.	Jumps	Bridge City, Texas	Stacey Monteau	So.	Distance	Anahuac, Texas
Danny Shaw	Sr.	Distance	Wellington, New Zealand	Brittany Pollard	So.	Sprints	Houston, Texas
Ewan Simpson	Jr.	Distance	Scotland	Candice Sewell	Jr.	Pole Vault	San Antonio, Texas
JaMarkus Tolbert	Fr.	Jumps	Houston, Texas	Tiffany Sloan	Jr.	Sprints	Houston, Texas
Austin Turnbull	So.	Distance	Nassau Bay, Texas	Andrea Smith	Fr.	Distance	Tauranga, New Zealand
				Toni Sylvester	Sr.	Sprints	Sour Lake, Texas
				Autumn Turk	Fr.	Pole Vault	Nederland, Texas
				Annette Uzoh	So.	Throws	San Antonio, Texas
				Tamia Washington	Jr.	Jumps	Allen, Texas
				Porsch'e Williams	Fr.	Sprints	Houston, Texas

Head Coach: Trey Clark
Assistant Coach: Sita Waru



McNEESE STATE



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Donovan Anderson	Fr.	Sprints/Relays	Rayne, La.	Jeanae Barton	So.	Sprints/Relays	San Antonio, Texas
Brad Augustus	Sr.	Sprints	Baton Rouge, La.	Amy Borne	Fr.	Javelin	Jennings, La.
Ryan Barrow	Fr.	Distance	Lake Charles, La.	Desiree Boxie	Jr.	Sprints/Relays	Beaumont, Texas
Jan Bicanic	So.	Discus/Shot Put	Zagreb, Croatia	Melanie Breaux	Fr.	Distance	Hayes, La.
Darrick Brown	Sr.	Jumps	Tangiapahoa, La.	Katarina Busljeta	So.	Weight events	Zagreb, Croatia
Marcus Brown	Jr.	Jumps	Jr. Tangiapahoa, La.	Sonia Clark	Grad.	Distance	Cheshire, England
Marc Dillon	Jr.	Sprints/Relays	Jr. Trinidad, W. Indies	Amesha Forward	Jr.	Sprints/Jumps	Jasper, Texas
Jon Fagan	Sr.	Multi-events	Sr. Milford, Mass.	Stephanie Gilbert	So.	Weight events	College Station, Texas
Matt Fontenot	Fr.	Distance	Iowa, La.	Jessica Gonzales-Pons	So.	Hurdles/Relays	Queretaro, Mexico
Alan Foolkes	Grad.	Distance	Grad. Cork, Ireland	Heather Haberman	Fr.	Sprints/Relays	Baytown, Texas
Carlese Franklin	Sr.	Javelin/Sprints	Sr. Kentwood, La.	Krystal Lux	Fr.	Distance	Angleton, Texas
Brad Gebauer	Grad.	Pole vault	Bad Axe, Mich.	Kelli Maddox	So.	High Jump/Javelin	Westlake, La.
Eric Gonzales-Pons	Fr.	Hurdles	Queretaro, Mexico	Laken Mock	Fr.	Javelin	Lake Charles, La.
Kerry Gremillion	Sr.	Sprints/Relays	Baton Rouge, La.	Tabitha Nunez	So.	Javelin	Grand Lake, La.
Freddie Hannie	Sr.	Weight events	Lake Charles, La.	Jessica Rutherford	Fr.	Discus/Shot put	West Branch, Mich.
Matthew Hazel	Fr.	Distance	Lake Charles, La.	Debranique Warnell	So.	Mutli-events	Orange, Texas
Jimmie Heath	Jr.	Pole vault/Sprints	Rio Hondo, Texas	Claytonia Washington	Fr.	Shot put/Discus	Milano, Texas
Bernardo Henry	Fr.	Sprints/Relays	Leesville, La.				
Chris Hill	Fr.	Javelin	Sulphur, La.				
Jimbo Hill	Jr.	Weight events	Sulphur, La.				
Jonathan Howard	Jr.	Triple jump	Baton Rouge, La.				
John Jamail	So.	Weight events	Friendswood, Texas				
Nicholas Kay	Grad.	Distance	Grad. Bolton, England				
Quinten Lawrence	Jr.	High Jump/Sprints	Carencro, La.				
Emile Robinson	Sr.	Hurdles	Nottingham, England				
Bryan Smith	Jr.	High jump	Newton, Texas				
Ian Vice	Jr.	Multi-events	Erath, La.				
John Walledom	So.	Javelin	Sulphur, La.				
Jonathan Walker	Jr.	Jumps/Sprints	Lake Charles, La.				
Phil Winfield	Grad.	Distance	London, England				

Head Coach: Ty Sevin

Assistant Coaches: Brendon Gilroy, Steve Manz, Michelle Rzepka.



NICHOLLS STATE



WOMEN			
Name	Yr.	Events	Hometown
Rahjanye Bailey	Fr.	Hurdles	Wharton, Texas
Lauren Bazunu	Fr.	Sprints	Houston, Texas
LaTasha Bishop	Jr.	Sprints	San Antonio, Texas
Leslie Bourgeois	So.	Javelin	Raceland, La.
Ashley Carpenter	Fr.	Sprints	Ft. Worth, Texas
Katrina Carter	Jr.	Sprints	Christ Church, Barbados
Chelsea Dockrey	Fr.	Sprints/Jumps	Florence, Texas
Charlotte Everhardt	So.	Distance	Metairie, La.
Keri Fremin	So.	Pole Vault	Thibodaux, La.
Micaela Guidry	Fr.	Distance	Galliano, La.
Jarina Guilbeau	Fr.	Spints/Hurdles	Sunset, La.
Dominique Harris	Jr.	Sprints	New Orleans, La.
Sabrina Henkes	Fr.	Multi-events	Cuero, Texas
Nicoya Hutchinson	So.	Sprints	League City, Texas
Leshea Jenkins	Jr.	Sprints	Miami, Fla.
Eunice Jepakogei	Jr.	Sprints/Distance	Kapsebet, Kenya
Caitlin Keehn	Fr.	Throws	Thibodaux, La.
LaNation McCray	Jr.	Sprint/Distance	Miami, Fla.
Heather Martin	Fr.	Distance	Schriever, La.
Tiffany Nall	Fr.	Sprints	Germany
Christa Perue	Jr.	Distance	Saratoga, Wyo.
Aly'ce Peters	Fr.	Sprints/Hurdles	Pleasanton, Texas
Kadi Whisnant	Fr.	Distance	Baton Rouge, La.

Head Coach: Scott Williamson

Assistant Coach: Craig Binkley

(Women's Team Only)



NORTHWESTERN STATE



MEN

Name	Yr.	Events	Hometown
Michael Batts	Fr.	Sprints	Waco, Texas
Nathaniel Brown	Jr.	Sprints	New Orleans, La.
Joshua Citizen	Fr.	Sprints	Sunset, La.
Patrick Frazier	Fr.	Sprints	Gibbsland, La.
Cade Gentry	Fr.	Distance	Natchitoches, La.
Charles Michael Green	Fr.	Jumps	Alexandria, La.
Ravyn Hayward	Jr.	Sprints	Tyler, Texas
Aaron Heflin	Sr.	Distance	DeRidder, La.
Michael Hill	Fr.	Hurdles/Jumps	Longview, Texas
Jamel Jackson	So.	Sprints	Killeen, Texas
Ash-Lee Michael James	Jr.	Multi-events	Garland, Texas
Derek Johnson	So.	Jumps	Mansfield, La.
Lawrence Corey Jones	Jr.	Throws	Diboll, Texas
Stephen Kemei	Jr.	Distance	Kapsabet, Kenya
Chad Leath	Jr.	Hurdles/Sprints	Henderson, Texas
Jesrick Levy	Fr.	Sprints	Cypress, Texas
Richuel Massey	Jr.	Sprints	Hillsboro, Texas
Spencer Morgan	Fr.	Pole Vault	Natchitoches, La.
Galen Mudd	Fr.	Distance	Baytown, Texas
Jordan Patton	So.	Sprints	Jasper, Texas
Chris Pearson	So.	Distance	Mount Vernon, Texas
Matt Pearson	Fr.	Distance	DeRidder, La.

WOMEN

Name	Yr.	Events	Hometown
Victoria Andrews	Fr.	Throws	Houston, Texas
Tamra Avant	Fr.	Throws	Jasper, Texas
Naumy Bor	Jr.	Distance	Kapsabet, Kenya
Samantha Flowers	Jr.	Sprints	Winnfield, La.
Shannon Foley	Fr.	Distance	Plano, Texas
Anna Forest	Fr.	Sprints	Natchez, La.
DeJon Griffin	Fr.	Throws	Copperas Cove, Texas
Rachel Hoffman	Jr.	Hurdles/Sprints	Seabrook, Texas
Alison Holmes	Jr.	Throws	DeRidder, La.
Phyllis Iheanacho	Fr.	Sprints	Houston, Texas
Cassandra Krell	Jr.	High Jump	Diboll, Texas
Leslie Lambert	Sr.	Distance	Covington, La.
Jo Anne Penn	Fr.	Distance	Giddings, Texas
Treacey Rew	Fr.	Throws	Garland, Texas
Whitney Smith	Fr.	Sprints	Desoto, Texas
Shanae Steward	Jr.	Hurdles/Sprints	Bossier City, La.
Ashley Terrell	So.	Distance	San Augustine, La.
Mindy Toney	Jr.	Throws	Haynesville, La.
Deidra Truss	Jr.	Sprints	Humble, Texas
Jazmen Williams	Fr.	Sprints	Alexandria, La.
Rebekah Williams	Fr.	Distance	Metairie, La.

Head Men's Coach: Leon Johnson

Assistant Coaches: Mike Heimerman, Amanda Vincent, William Rogers



SAM HOUSTON STATE



MEN

Name	Yr.	Events	Hometown
Matt Adkisson	Sr.	Pole vault	Wimberley, Texas
Dexter Cole	Sr.	Hurdles	Houston, Texas
Michael Courtney	So.	Sprints	El Paso, Texas
Chris Cralle	Fr.	Throws	College Station, Texas
Chris Davis	So.	Jumps	Houston, Texas
Lane Dennis	Jr.	Hurdles	Huntsville, Texas
Philip Dunham	Fr.	Decathlon	College Station, Texas
Chris Edison	Sr.	Sprints	Santa Fe, N.M
Keith Edmond	Jr.	Distance	Channelview, Texas
Tim Fletcher	Fr.	Throws	Conroe, Texas
Chris Guillory	So.	Decathlon	Lewisville, Texas
Leslie Hall	So.	Sprints/Distance	San Antonio, Texas
Jonathan Harris	Jr.	Hurdles/Sprints	Dallas, Texas
Josh Hawkins	Sr.	Distance	Wolfforth, Texas
Kevin Houston	So.	Sprints	Houston, Texas
Garrett Johnson	So.	Sprints/Distance	Converse, Texas
Dustin Joubert	Jr.	Distance	Coppell, Texas
Bryce Miller	Sr.	Hurdles	Katy, Texas
Morton Munkholm	Fr.	Distance	Randers, Denmark
Chris Nelson	So.	Jumps	Humble, Texas
Corey Ray	So.	Distance	Coppell, Texas
Jose Rodriguez	Sr.	Distance	Aldine, Texas
Adam Santos	Jr.	Distance	Houston, Texas
Josh Schwartz	Fr.	Pole vault	Wallis, Texas
Jon Tipton	So.	Throws	Wichita Falls, Texas

WOMEN

Name	Yr.	Events	Hometown
Mallory Adams	Jr.	Throws	Refugio, Texas
Kendall Bass	Sr.	Throws	Frisco, Texas
Jackie Blanchard	Fr.	Distance	Katy, Texas
Shannon Brown	So.	Jumps	Galveston, Texas
Ashley Casalini	So.	Sprints	Lewisville, Texas
Bryttany Chambers	Fr.	Sprints	Alief, Texas
Natalia Clark	Sr.	Throws	Rice, Texas
Bridget Costello	Jr.	Distance	Corpus Christi, Texas
Allison Ferries	Jr.	Distance	Cypress, Texas
Jessica Fisher	Fr.	Sprints	Houston, Texas
Joy Furlow	Sr.	Sprints	Houston, Texas
Kristi Hermes	Fr.	Pole vault/Jumps	Victoria, Texas
Benita Jones	So.	Hurdles	Copperas Cove, Texas
Jessica Jones	Fr.	Sprints/Distance	Spring, Texas
Karen Klintoe	Jr.	Pole vault	Copenhagen, Denmark
Tiana Lee	So.	Hurdles	Arlington, Texas
Dess Meek	Fr.	Jumps	Newton, Texas
Devyn Mitchell	Jr.	Mid. Distance	Houston, Texas
Regina Offord	So.	Sprints	Crandall, Texas
Kim Olison	So.	Throws	Waller, Texas
Whitney Rister	Jr.	Distance	Clyde, Texas
Jennie Sewell	Sr.	Pole vault	Rockwall, Texas
Tiffany Singleton	Jr.	Sprints	Harker Heights, Texas
Jamie Spivey	Sr.	Jumps/Sprints	Huntsville, Texas
Ebonee Stephens	Fr.	Throws	Houston, Texas
Darnesha Stonum	Sr.	Hurdles/Jumps	Houston, Texas
Desiree Taylor	So.	Hurdles	Converse, Texas
Tara Tyler	Jr.	Multi-events	Mansfield, Texas
Jasmine Wyatt	Sr.	Throws	Aldine, Texas

Head Coach: Curtis Collier

Assistants: David Self, Jesse Parker



SOUTHEASTERN LOUISIANA



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Brent Alfred	So.	Mid. Distance	Slidell, La.	Alexandria Berlin	Fr.	Pole Vault	Albuquerque, N.M.
Sean Allerton	Jr.	Distance	New Orleans, La.	Roseanne Bell	So.	Sprints	Ponchatoula, La.
Kirk Anderson	Jr.	Multi-events	Metairie, La.	Jonita Brown	So.	Sprints	Slidell, La.
Alex Aschenbrenner	Jr.	Distance	Gretna, La.	Colleena Collins	Jr.	Throws	Clinton, La.
Corey Billzone	So.	Jumps	Marrero, La.	Kalette Crawford	Jr.	Throws	Kentwood, La.
Cole Baudean	Fr.	Jumps	Folsom, La.	Erica Cronin	Sr.	Pole Vault	Walker, La.
Babatunde Babalola	Jr.	Jumps	Palmdale, Calif.	Sarah Doucet	Fr.	Distance	Denham Springs, La.
Robert Douglas	So.	Sprints	Baton Rouge, La.	Aqueelah El-Amin	Fr.	Pole Vault	Alexandria, La.
Jonny Ellis	Jr.	Pole Vault	Gonzales, La.	Leonie Ezeibunam	Jr.	Sprints	Nassau, Bahamas
Carl Hurst	Sr.	Sprints	New Orleans, La.	Kimberly Gastinell	Fr.	Distance	New Orleans, La.
Jimmy Joseph	Jr.	Sprints/Jumps	Donaldsonville, La.	Sheena Horton	Sr.	Sprints	New Orleans, La.
Kalphys Kemboi	Fr.	Distance	Nairobi, Kenya	Katie Isola	Sr.	Throws	Burlingame, Calif.
Damian Manning	Fr.	Hurdles/Jumps	Baton Rouge, La.	Mikaela Johansson	Jr.	Throws	Stockholm, Sweden
Lance Mathis	Fr.	Hurdles/Jumps	Baton Rouge, La.	Melissa Jones	Jr.	Jumps	Hallsville, Texas
James Randall	Jr.	Jumps	Clinton, La.	Kayla Schneeweiss	Sr.	Distance	Kentwood, La.
Shane Rayners	Jr.	Distance	Cape Town, South Africa	Sentoria Scott	Fr.	Sprints	Baton Rouge, La.
Cory Roberts	Fr.	Multi-events	Belle Chasse, La.	Courtney Schultheis	Fr.	Distance	New Orleans, La.
Ray Rodriguez	Jr.	Distance	Las Vegas, Nevada	Ashanti Smith	Sr.	Sprints	New Orleans, La.
Cote Ryland	Fr.	Jumps/Hurdles	Pineville, La.	Casey Zeller	So.	Multi-events	Hammond, La.
Avery Sorapuru	So.	Jumps/Hurdles	Hahnville, La.				
Ruben Stephens	Jr.	Throws	Prairieville, La.				
Craig Thomas	Jr.	Sprints	St. Catherine, Jamaica				
Teremine White	So.	Throws	Donaldsonville, La.				
Adlus Wiltz	Fr.	Sprints/Hurdles	Waggamann, La.				
Dwight Womack	Jr.	Throws	Baton Rouge, La.				

Head Coach: Sean Brady
Assistant Coaches: Michael Bartolina, Justin St. Clair, Erica Bartolina



STEPHEN F. AUSTIN



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Mark Acosta	Jr.	Distance	Sweethome, Texas	Heather Adams	So.	Distance	River Oaks, Texas
Julian Acuña	Sr.	Distance	Agua Dulce, Texas	Nicole Adams	Fr.	Distance	Sanger, Texas
Sumbo Adeniran	Jr.	Jumps	Houston, Texas	Kaitlyn Andrews	Fr.	Throws	Georgetown, Ontario
Martin Agoes	Fr.	Throws	Mansfield, Texas	Audrey Azu	Jr.	High Jump	Irving, Texas
Chad Andrews	Jr.	Multi-events	Richardson, Texas	Amber Bagwell	Sr.	Distance	Pasadena, Texas
Joshua Beasnael	So.	Sprints	Richardson, Texas	Chelsea Bradford	Fr.	Distance	Frisco, Texas
Travis Beavers	Fr.	Hurdles/Sprints	Sanger, Texas	Kelsea David	So.	Pole Vault	Harlingen, Texas
Chris Campos	Fr.	Distance	Katy, Texas	Elese Dawson	Jr.	Distance	Houston, Texas
Geoffrey Carey	Jr.	Pole Vault	Hawkins, Texas	Meghan Denman	Jr.	High Jump	Dayton, Texas
Cody Clark	Sr.	Distance	Merit, Texas	Ashley Dickeson	So.	Pole Vault	Arp, Texas
Josh Cruse	Fr.	Jumps	Woodville, Texas	Markeisha Edwards	Sr.	Throws	Stephenville, Texas
Chance Edwards	Sr.	Mid. Distance	San Saba, Texas	Silent-Joy Egboba-Waye	Fr.	Jumps	Lancaster, Texas
Marc Evans	So.	Hurdles	DeSoto, Texas	Sarah Emerson	Sr.	Throws	LaSalle, Ontario
Teddy Fanta	Jr.	Distance	Houston, Texas	Joshalyn Freeman	Fr.	Multi-events	Fort Worth, Texas
Marc Farris	Sr.	Distance	Goliad, Texas	Ashley Glasper	Fr.	Throws	Round Rock, Texas
Chayden Feist	So.	Pole Vault	Comanche, Texas	Alecia Green	Jr.	Sprints/Jumps	Nacogdoches, Texas
Austin Hardy	Fr.	Mid. Distance	Cedar Hill, Texas	LaQuisha Houston	Sr.	Throws	San Augustine, Texas
Aaron Harlan	So.	Multi-events	McGregor, Texas	Jenkins, Megan	Fr.	Distance	Houston, Texas
Aaron Hohn	Jr.	Distance	Colleyville, Texas	Breeka Johnson	So.	Distance	San Augustine, Texas
Cole Hollingsworth	Jr.	Distance	Burleson, Texas	Teshania Langston	So.	Sprints	Lancaster, Texas
Darwin Johnson	Jr.	Throws	Tyler, Texas	Kimbri Lettkeman	Jr.	Distance	Watonga, Okla.
Chris Jones	Fr.	Multi-events	Hawkins, Texas	Ashley Mangum	Jr.	Sprints	Sugar Land, Texas
Rodney Joseph	Sr.	Distance	Decatur, Texas	Frednisha Marshall	Fr.	Throws	Tyler, Texas
Kyle Ketchersid	Fr.	Multi-events	Mansfield, Texas	Leah Matthews	Sr.	Hurdles/Sprints	Ft. Worth, Texas
Matt Langdon	Fr.	Discus	College Station, Texas	LaKoa McKeever	Sr.	Mid. Distance	Houston, Texas
Reggie Lazenby	Sr.	Multi-events	Tyler, Texas	Krystal McKnight	So.	Sprints/Jumps	Mansfield, Texas
Keith Mahipala	Fr.	Distance	Plano, Texas	Laura Mikeska	Jr.	Pole Vault	Frisco, Texas
Kenneth McKinley	Sr.	Throws	Yoakum, Texas	Ashley Monteau	Sr.	Distance	Anahuac, Texas
Chris Moody	Fr.	Sprints	White Oak, Texas	Amie Morton	So.	Distance	Nacogdoches, Texas
Gerardo Moreno	Jr.	Distance	Cameron, Texas	Katrina Nicholas	Sr.	Distance	Natchitoches, La.
Matt Ofczarszak	Fr.	Pole Vault	Caldwell, Texas	Drew Rentfro	Jr.	Multi-events	Dumas, Texas
Contrevious Parks	Fr.	Sprints	Killeen, Texas	Tabitha Riley	Fr.	Multi-events	Carrollton, Texas
Ryder Peacock	Sr.	High Jump	Woodson, Texas	Katrina Roundtree	Jr.	Sprints	Houston, Texas
Vincent Pervis	Fr.	Sprints	Texas City, Texas	Camelia Sams	Fr.	Jumps/Sprints	Longview, Texas
Matt Pitts	Fr.	Pole Vault	White Oak, Texas	Amy Shackelford	Fr.	Distance	Port Neches, Texas
Justin Reyes	Jr.	High Jump	Richland Springs, Texas	Kirsten Wieseman	Jr.	Distance	Victoria, Texas
Stephon Rhea	Jr.	Sprints	Houston, Texas	Ashley Williams	Fr.	Sprints	Houston, Texas
Andrew Rogers	So.	Distance	Waco, Texas	Megan Williams	So.	Distance	Houston, Texas
Zach Ross	Jr.	Hurdles/Jumps	Longview, Texas	Mandy Willis	Fr.	Distance	Conroe, Texas
Terry Rowe	Fr.	Sprints	Douglassville, Texas	Kristina Windham	Jr.	Pole Vault	Port Lavaca, Texas
Robert Smith	Jr.	Mid. Distance	Cameron, Texas	Brittani Woodard	Fr.	Sprints	Arlington, Texas
Elliot Starceovich	Fr.	Distance	McKinney, Texas				
Johnny Thacker	Jr.	Sprints	Alto, Texas				
Edy Vargas	Fr.	Distance	Rosenberg, Texas				
Wade Whittington	Jr.	Throws	Austin, Texas				
James Williams	Sr.	Throws	Clarendon, Texas				
Shawn Yarter	Fr.	Distance	Mont Belvieu, Texas				

Head Coach: Phil Olson
Assistant Coaches: Ta' Frias, Ron McCown, Lou Snelling



UT ARLINGTON



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Eddy Beckwith	So.	Sprints	Orlando, Fla.	Stacey Bennett	So.	High Jump	Kingsville, Texas
Jody Broccoli-Hickey	Jr.	Distance	The Woodlands, Texas	Erin Cluiss	Fr.	Pole Vault	Forney, Texas
Idilio Campos	So.	Mid. Distance	Mission, Texas	Jessica Collins	Fr.	Mid. Distance	Houston, Texas
Quinchun Carey	Sr.	Sprints/Jumps	Fort Worth, Texas	Charquenta Dishmon	So.	Sprints/Jumps	Bastrop, Texas
Cory Carswell	Fr.	Pole Vault	Marshall, Texas	Caroline Erlingson	So.	Mid. Distance	Angleholm, Sweden
Shay Collett	Sr.	Pole Vault	Conroe, Texas	Chamberlain Garber	Fr.	Sprints/Jumps	San Marcos, Texas
Jared Connaughton	Sr.	Sprints	Charlottetown, Canada	Angela Gonzales	Jr.	Jumps	Merkel, Texas
Zack Davis	Fr.	Mid. Distance	Killeen, Texas	Kimberly Hargers	Jr.	Sprints	Crowley, Texas
Andrew Duncan	So.	Jumps	Austin, Texas	Antonia Hopkins	Fr.	Sprints	Lubbock, Texas
Idris Fahmi	Fr.	Throws	Dallas, Texas	Bryana Hill	Jr.	Sprints	Arlington, Texas
Wade Hayes	So.	Pole Vault	Bonham, Texas	Chelsea Huddleston	Jr.	Sprints	San Antonio, Texas
Ozie Hood	So.	Distance	Mansfield, Texas	Jodi Hulett	Jr.	Distance	Arlington, Texas
Curtis Hoyle	So.	Sprints	Cameron, Texas	Kourtnee Jones	Sr.	Sprints	Abilene, Texas
Terrance Jones	So.	Sprints	Waco, Texas	Jace' Koelzer	Fr.	Hurdles	Muenster, Texas
Zachary Karbo	So.	Sprints	Azle, Texas	Ida Landgraff	Fr.	Mid. Distance	Oslo, Norway
Christopher Lopez	Fr.	Sprints	Grand Prairie, Texas	Vanessa Maida	Sr.	Pole Vault	Abilene, Texas
Jon McDowell	Sr.	Hurdles	Odessa, Texas	Lauren Marks	Fr.	Pole Vault	Austin, Texas
Byron Majors	So.	Sprints	Cameron, Texas	Lacey Moore	Sr.	Pole Vault	Great Bend, Kan.
David Mannering	Jr.	Throws	N. Richland Hills, Texas	Carranda Mose	Jr.	Mid. Distance	Pearland, Texas
Kevin Moore	Fr.	Sprints	Odessa, Texas	Christina Mose	Fr.	Mid. Distance	Pearland, Texas
Aron Morgan	Sr.	Sprints	Southlake, Texas	Shannon Pardue	Jr.	Distance	Fort Worth, Texas
Coby Morrison	Sr.	Hurdles	Wichita Falls, Texas	Chelsea Pope	Fr.	Pole Vault	Coppell, Texas
Adam Newton	So.	Sprints	North Bay, Ontario	Shana Rash	Sr.	Sprints	Midlothian, Texas
Ivan Pinal	So.	Distance	Fort Worth, Texas	Linda Rosema	Sr.	Throws	Azle, Texas
Dustin Poe	Fr.	Mid. Distance	Fort Bend, Texas	Zizan Seymore	Jr.	High Jump	The Woodlands, Texas
Jeff Raines	Jr.	Mid. Distance	Mansfield, Texas	Emma Stahlberg	Fr.	Throws	Kilafors, Sweden
Armando Saldivar	Fr.	Distance	Fort Worth, Texas	Kimberly Strong	Fr.	Sprints/Jumps	Round Rock, Texas
Jake Schmidt	Jr.	Sprints	Graham, Texas	Ivorita Taylor	Sr.	Mid. Distance	Mandeville, Jamaica
Derek Solarski	Fr.	Pole Vault	Amarillo, Texas	Crystal Thompson	Sr.	Sprints	Abilene, Texas
Koby Styles	Sr.	Distance	Holliday, Texas	Jasmine Walls	Fr.	Sprints	Pearland, Texas
Timothy Thompson	Fr.	Hurdles	Grand Prairie, Texas	Latasha Watson	So.	Sprints/Jumps	Harker Heights, Texas
Jared Tuel	Fr.	Pole Vault	White Oak, Texas	Elizabeth White	So.	Sprints	Rowlett, Texas
Jarid Vaughn	Fr.	Sprints	Langley, British Columbia				
Jeremy Williams	So.	Jumps	Abilene, Texas				
Tristan Williams	Jr.	Jumps	Houston, Texas				

Head Coach: John Sauerhage
Assistant Coaches: Mishael Bertrand-Berger, Wayne Cunnings, Nathaniel Garcia, Gerald Richey, Roy Williams



TEXAS-SAN ANTONIO



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Benga Adeeko	Fr.	Sprints	San Antonio, Texas	Ashley Allen	Jr.	Multi-events	Buffalo Gap, Texas
Marcus Bibbes	Fr.	High Jump	San Antonio, Texas	Haylee Allen	Fr.	Multi-events	Buffalo Gap, Texas
Scott Briscoe	Sr.	Sprints	Dripping Springs, Texas	Faith Barlow	Fr.	Distances	San Antonio, Texas
Larry Brooks	Sr.	Mid. Distance	Stafford, Texas	Brittany Britton	So.	Mid. Distance	Ansbach, Germany
Dominic Brown	Jr.	Sprints	Schertz, Texas	Shantel Buggs	Jr.	Throws	San Antonio, Texas
Steven Brown	Jr.	Sprints/Jumps	Mesquite, Texas	Danielle Davenport	Fr.	Sprints/Jumps	Eagan, Minn.
Brandon Buteaux	Sr.	Multi-events	San Antonio, Texas	Ryanne Dupree	Sr.	Multi-events	San Antonio, Texas
Benson Cheserek	Sr.	Distance	Marakwet, Kenya	Brittany Epps	Jr.	Sprints/Jumps	Midwest City, Okla.
Carvey Evans	So.	High Jump	Floresville, Texas	Rikki Gray	So.	High Jump	Austin, Texas
Gaston Griffin	So.	Sprints	San Antonio, Texas	Ashley Jackson	So.	Sprints	Corpus Christi, Texas
Cedric Harris	Jr.	Sprints	Port Arthur, Texas	Hope Jimenez	Sr.	Distances	Lamesa, Texas
Mo Jackson	Fr.	Jumps	Converse, Texas	Jessica Jones	Fr.	Hurdles	Fresno, Texas
Luke Johnson	Jr.	Throws	Amarillo, Texas	Chelsea Malina	Jr.	Javelin	Shiner, Texas
Chris Koenig	Fr.	Throws	Hereford, Texas	Arlene McKenzie	Fr.	Sprints	Round Rock, Texas
Chris Layman	Sr.	Mid. Distance	LaPorte, Texas	Dana Mecke	Fr.	Distance	Bulverde, Texas
Ryan McMakin	Fr.	Throws	Rockport, Texas	Brianna Mendez	Sr.	Distance	Austin, Texas
Eric Miller	Jr.	Mid. Distance	Sequim, Texas	Kari Michalik	Jr.	Multi-events	Granger, Texas
Mychal Mitchell	Fr.	Hurdles	Converse, Texas	Farrah Moore	Fr.	Distance	The Woodlands, Texas
Alton St. Rose	Fr.	Hurdles/Jumps	Galena Park, Texas	Sara Ortiz	So.	Sprints	Medina, Texas
Jake Story	So.	High Jump	Dripping Springs, Texas	Lyndsey Sidney	Sr.	Hurdles	Missouri City, Texas
Bryan Ugochukwu	Fr.	Mid. Distance	Pearland, Texas	Veronica Silva	Sr.	Distance	San Antonio, Texas
Adrian Vargas	Sr.	Mid. Distance	Del Rio, Texas	Shanelle Slaughter	So.	Sprints/Jumps	Missouri City, Texas
Corey Vargas	Fr.	Mid. Distance	Converse, Texas	Diane Smith	Sr.	Sprints/Mid. Distance	San Antonio, Texas
Will Vese	Jr.	Hurdles/Jumps	Houston, Texas	Katy Spence	Fr.	Distance	Katy, Texas
Johnathan Whittaker	Fr.	Jumps	Galena Park, Texas	Natalie Squier	Fr.	Hurdles/Jumps	Texas City, Texas
Teddy Williams	Fr.	Sprints	Tyler, Texas	Sonya Strya	Jr.	Throws	Cuero, Texas
Tommy Wolfe	So.	Multi-events	Raymondville, Texas				

Head Coach: Aaron Fox
Assistant Coaches: Scott Slade, David Burnett

Head Coach: James Blackwood
Assistant Coaches: Jerry Dyes, Rose Monday



TEXAS A&M-CORPUS CHRISTI



MEN				WOMEN			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Zach Anderson	Fr.	Sprints	Columbus, Texas	Jessica Alexander	So.	Mid. Distance	Corpus Christi, Texas
Brent Bartz	Jr.	Throws	Temple, Texas	Magaly Burciaga	Sr.	Distance	Phoenix, Ariz.
Grant Bassford	Fr.	Mid. Distance	Houston, Texas	Tarryn DeBeer	Jr.	Distance	Ballito, S. Africa
Eric Busker	Fr.	High Jump	Corpus Christi, Texas	Gillian Gatewood	Fr.	Distance	Alpine, Texas
Kirk Dalheim	Fr.	Mid. Distance	Houston, Texas	Mellaneisha Gentry	So.	Jumps	Houston, Texas
John De Los Santos	Sr.	Throws	Corpus Christi, Texas	Lizzy Gracia	So.	Throws	Weslaco, Texas
Luis Garcia	Jr.	Mid. Distance	Lyford, Texas	Kendra Harris	So.	Jumps	Converse, Texas
Chris Garza	Sr.	Throws	Corpus Christi, Texas	Rhiannon House	Fr.	Throws	San Antonio, Texas
Blaine Gibson	Jr.	Mid. Distance	Victoria, Texas	Cadeen James	Fr.	Sprints	St. Andrew, Jamaica
Keith Gordon	Sr.	Jumps	San Antonio, Texas	Lydia Kimeli	Jr.	Distance	Eldoret, Kenya
Edward Kemei	So.	Distance	Kapsabet, Kenya	Tamara Kreckner	Fr.	Jumps	Goliad, Texas
Stanley Kiplimo	Fr.	Distance	Eldoret, Kenya, Texas	Meghan Lemke	So.	Distance	Tomahawk, Wisc.
Josh Lopez	Fr.	Distance	Corpus Christi, Texas	Alisha Lenz	Fr.	Sprints	Missouri City, Texas
Derek Lucio	Fr.	Hurdles	Harlingen, Texas	Tammy Long	So.	Mid. Distance	Portland, Texas
Placido Madera	Jr.	Sprints	Eagle Pass, Texas	Hannah Maenius	So.	Mid. Distance	Fredericksburg, Texas
Marty Molina	Fr.	Hurdles	Harlingen, Texas	Jennifer Pacheco	So.	Jumps	Corpus Christi, Texas
Mark Morales	Sr.	Mid. Distance	Del Rio, Texas	Lenora Perkins	Jr.	Throws	Houston, Texas
Ari Perez	Fr.	Distance	Corpus Christi, Texas	Luci Perez	So.	Sprints	Taft, Texas
Lazrik Pettis	Jr.	Sprints	Corpus Christi, Texas	Antoinette Price	Fr.	Sprints	Houston, Texas
J.R. Pulido	Sr.	Distance	Columbus, Texas	Cynthia Santaella	Fr.	Distance	Flower Mound, Texas
Shadrack Songok	Jr.	Distance	Kapsabet, Kenya	Valerie Stewart	Fr.	Sprints	San Antonio, Texas
Alex Vasquez	So.	Mid. Distance	Del Rio, Texas	Sakira Washington	So.	Hurdles	Missouri City, Texas
Travis White	Sr.	Multi-events	Eagle, Idaho	Shakeiva Wyatt	So.	Sprints	Houston, Texas
Hickel Woolery	So.	Multi-Events	Westmoreland, Jamaica				
Anthony Yates	So.	Sprints	San Antonio, Texas				

Head Coach: Shawn Flannagan
Assistant Coach: Howard Dougherty



TEXAS STATE



Men				Women			
Name	Yr.	Events	Hometown	Name	Yr.	Events	Hometown
Josephson Adeniji	Fr.	Mid-Distance	Houston, Texas	Elizabeth Alexander	So.	Distance	Hazlet, Texas
Dino Buchanan	So.	Sprints	Killeen, Texas	Liat Anav	Fr.	Sprints/Hurdles	Holon, Israel
Jarrodd Buddin	So.	Pole Vault	Southlake, Texas	Marina Andruzzi	Jr.	Distance	Katy, Texas
Clayton Bynum	Sr.	Hurdles	Waco, Texas	Ashley Austin	Fr.	Sprinter/Jumps	San Antonio, Texas
Justin Callis	Jr.	Sprints	San Antonio, Texas	Courtney Baker	Jr.	Sprints	San Antonio, Texas
Peyton Carroll	So.	Pole Vault	Grapevine, Texas	Anyia Bokeria	Sr.	Hurdles	Moscow, Russia
Glenn Cole	Jr.	Sprints	Junction, Texas	Heather Bullin	Fr.	Distance	Cedar Park, Texas
Casey Cummings	So.	Pole Vault	Alvarado, Texas	Iris Darington	Fr.	Sprints	San Antonio, Texas
Jeff Dean	Fr.	Sprints	Richardson, Texas	Camilla Davis	Sr.	Sprints/Jumps	Palacios, Texas
Javarise Donald	Fr.	Hurdles	Killeen, Texas	Casey DeWitt	Sr.	Distance	Rogersville, Mo.
Roel Elizade	So.	Distance	Laredo, Texas	Tenley Determan	Jr.	Distance	Sheridan, Wyo.
Alex Escontrias	So.	Distance	Ojinaga Chih, Mexico	Brooklyn Dickson	So.	Pole Vault	Hedwig, Texas
Daniel Fahlenkamp	Jr.	Hurdles	Waco, Texas	Jannah Evans	Fr.	Pole Vault	Lago Vista, Texas
Frankie Flores	Sr.	Distance	Houston, Texas	Katie Evans	Fr.	Multi-events	Helotes, Texas
Kevin Galbreath	Sr.	Decathlon	Boerne, Texas	Samantha Evola	So.	Distance	Fairborn, Ohio
Eric Garza	Fr.	Distance	Victoria, Texas	Alysha Ford	Fr.	Jumps	Bay City, Texas
Robert Gonzales	So.	Sprints	San Antonio, Texas	Cara Forrest	So.	Mid-Distance	Trophy Club, Texas
Dayne Grahmann	So.	Sprints	Hallettsville, Texas	Shanitra Garrett	Jr.	Mid-Distance	Houston, Texas
Erroll Harris	Jr.	Sprints	San Antonio, Texas	Seneca Guether	So.	Throws	San Antonio, Texas
Cody Henderson	Fr.	Multis	Corpus Christi, Texas	Latisha Hackett	Fr.	Sprints/Jumps	Arlington, Texas
David Hernandez	So.	Throws	San Antonio, Texas	Valerie Hancock	Fr.	Multi-events	Copperas Cove, Texas
Jonathan Hernandez	Fr.	Distance	Odessa, Texas	Katy Hanie	Fr.	Throws	Forney, Texas
Jack Higginbotham	Jr.	Sprints	La Vernia, Texas	Chelsea Harvey	Fr.	Multi-events	Blanco, Texas
Asa Holland	Fr.	Sprints	Junction, Texas	Rachel Harville	Fr.	Multi-events	Kingwood, Texas
Clay Holland	Jr.	Hurdles	Junction, Texas	Crystyne Hatfield	Fr.	Sprints	Richmond, Texas
E.J. Imade	So.	Sprints	Austin, Texas	Taylor Hubbard	Fr.	Hurdles	The Colony, Texas
Aaron Jones	Fr.	Sprints	Frisco, Texas	Michelle Johnson	So.	Sprints	Harker Heights, Texas
Dmitri Kabakov	So.	Pole Vault	Jerusalem, Israel	Laura Koenig	So.	Pole Vault	New Braunfels, Texas
Justin Longorio	Fr.	Sprints	Rockport, Texas	Katya Kostetskaya	Jr.	Hurdles	St. Petersburg, Russia
Blake Luther	So.	Pole Vault	Granbury, Texas	Britni Lawrence	Jr.	Pole Vault	Austin, Texas
Andrew McCartin	So.	Distance	Plano, Texas	Liudmila Litvinova	Sr.	Sprints	Moscow, Russia
Robert Melin	So.	Throws	Bottnaryd, Sweden	Affma Martin	So.	Mid-Distance	Killeen, Texas
Chad Menefee	Sr.	Hurdles	Pflugerville, Texas	Heather Martinez	Fr.	Distance	Carrollton, Texas
Kemuel Morales	Jr.	Throws	Brownsville, Texas	Jiovanna Martinez	Fr.	Throws	Pharr, Texas
James Ortiz	Sr.	Distance	Uvalde, Texas	Lauren McKenna	Jr.	Mid-Distance	Georgetown, Texas
Eric Pedrosa	So.	Mid-Distance	Uvalde, Texas	April Murphy	Fr.	Mid-Distance	Lake Jackson, Texas
Javier Prado	So.	Distance	Queretaro, Mexico	Chelci Newton	Fr.	Jumps	Josephine, Texas
Daniel Schmidt	Fr.	Throws	Graham, Texas	Mary Beth O'Connor	So.	Hurdles	Colleyville, Texas
Eric Sheppard	So.	Distance	Houston, Texas	Sara Olaywiola	So.	Jumps	Pearland, Texas
Jacob Shipman	Fr.	Multis	Lake Jackson, Texas	Whitney Perkins	So.	Distance	San Angelo, Texas
Gatis Spunde	Jr.	Hurdles	Latvia/Nebraska	Tamequa Poole	Jr.	Hurdles/Jumps	San Antonio, Texas
Eric Thomas	Fr.	Hurdles	Lorena, Texas	Jackie Rodez	Fr.	Multi-events	Pflugerville, Texas
Paul Turner	Sr.	Pole Vault	Lockhart, Texas	Veronica Rodriguez	So.	Multi-events	Sugarland, Texas
Chris Vidrine	Sr.	Distance	Houston, Texas	Brittany Rosen	Fr.	Distance	Killeen, Texas
Jacob Wells	Jr.	Distance	Victoria, Texas	Abby Ruston	Sr.	Throws	San Antonio, Texas
Eric Williams	Jr.	Pole Vault	Lewisville, Texas	Lindsey Shaw	Jr.	Sprints	Austin, Texas
Jonathan Williams	Fr.	Jumps	Pearland, Texas	Rebekah Vickers	Sr.	Pole Vault	Cedar Park, Texas
Andy Ysebaert	So.	Throws	Corunna, Ontario	Kristina Viniar	So.	Hurdles	Pilot Point, Texas
				Jennifer White	Fr.	Distance	San Marcos, Texas
				Shakira Williams	Fr.	Sprints	Cedar Park, Texas
				Kristina Yuan	Sr.	Pole Vault	Austin, Texas
							Houston, Texas

Head Coach: Galina Bukharina **Assistant Coaches:** Chris Adams, Adam Hudson, Reuben Ortiz, Grigori Viniar, Kris Allison.

SOUTHLAND CONFERENCE MEN'S INDOOR HISTORY

Year-by-Year Team Champions

1980 — Lamar	1994 — Northwestern State
1981 — Lamar	1995 — Texas-Arlington
1982 — Lamar	1996 — Texas-Arlington
1983 — Lamar	1997 — Texas-Arlington
1984 — Lamar	1998 — Northwestern State
1985 — Lamar	1999 — Texas-Arlington
1986 — Louisiana-Monroe	2000 — Texas-Arlington
1987 — Louisiana-Monroe	2001 — Northwestern State
1988 — Louisiana-Monroe	2002 — Texas State
1989 — Texas State	2003 — Texas State
1990 — Texas-Arlington	2004 — Texas State
1991 — Texas-Arlington	2005 — Stephen F. Austin
1992 — Texas-Arlington	2006 — Texas-San Antonio
1993 — Northwestern State	

Team Championships

Texas-Arlington	8
Lamar	6
Northwestern State	4
Texas State	4
Louisiana-Monroe	3
Stephen F. Austin	1
Texas-San Antonio	1

Individual Champions

Texas-Arlington 72, Northwestern State 39, Texas State 38, Lamar 37, Texas-San Antonio 27, McNeese State 25, Stephen F. Austin 22, Sam Houston State 21, Southeastern Louisiana 2, Nicholls State 1. **Inactive Teams:** Louisiana-Monroe 31, Louisiana Tech 26, Arkansas State 17, North Texas 10, Louisiana-Lafayette 4.

Postseason Honors

Outstanding Track Performer

1980-87— None selected
 1988 — Brian Cooper, McNeese State
 1989 — Joseph Sainah, Texas-Arlington
 1990 — Joseph Sainah, Texas-Arlington
 1991 — Dylan Fugitt, North Texas
 1992 — Kevan Mills, Texas State
 Joel McCray, Texas-Arlington
 1993 — Rodger Krueger, Texas-Arlington
 1994 — Terence Beach, Texas-Arlington
 1995 — Clinton Bufuku, Texas-Arlington
 1996 — Unavailable
 1997 — Elston Cawley, Texas-Arlington
 1998 — Ronnie Powell, Northwestern State
 1999 — Henrik Skoog, Texas-Arlington
 2000 — Derek Koonts, Sam Houston State
 2001 — Randy Arias, Texas State
 2002 — Randy Arias, Texas State
 2003 — Carl Johnson, Texas-San Antonio
 2004 — Courtney Boston, Sam Houston State
 2005 — Julian Acuna, Stephen F. Austin
 2006 — J.D. Henry, Northwestern State

2001 — Tyson Dillard, Northwestern State
 2002 — Justin Youngblood, Texas-San Antonio
 2003 — Brian Veal, Texas State
 2004 — Brian Veal, Texas State
 2005 — Kelley Jackson, Texas-Arlington
 2006 — Rani Giladi, Louisiana-Monroe

High Point Scorer

1980-87— Unavailable
 1988 — Reggie Senegal, Louisiana-Monroe, 20.5 points
 1989 — Gordon McKee, Texas State, 26 points
 1990 — Joseph Sainah, Texas-Arlington, 22.5 points
 1991 — Ronald Jones, Texas State, 24 points
 1992 — Kevan Mills, Texas State, 21 points
 1993 — LaMark Carter, Northwestern State, 28 points
 1994 — Kevan Mills, Texas State, 27 points
 1995 — Cornelius Cavitt, Texas-Arlington, 20.5 points
 1996 — Unavailable
 1997 — Elston Cawley, Texas-Arlington, 23 points
 1998 — Kenta Bell, Northwestern State, 20 points
 Ronnie Powell, Northwestern State, 20 points
 Michael Robbins, Louisiana-Monroe, 20 points
 1999 — Henrik Skoog, Texas-Arlington, 18 points
 Tim Wallace, Texas-San Antonio, 18 points
 Marcell Williams, Stephen F. Austin, 18 points
 2000 — Derek Koonts, Sam Houston State, 20.5 points
 2001 — Henry Maruping, Texas-San Antonio, 20 points
 2002 — Justin Youngblood, Texas-San Antonio, 30 points
 2003 — Brian Veal, Texas State, 20 points
 2004 — Raheem Travis, Texas State, 20.5 points
 Justin Youngblood, Texas-San Antonio, 20.5 points
 Courtney Boston, Sam Houston State, 20.5 points
 2005 — Julian Acuna, Stephen F. Austin, 20 points
 J.D. Henry, Northwestern State, 20 points
 2006 — Jared Connaughton, UT Arlington, 18 points
 J.D. Henry, Northwestern State, 18 points

Outstanding Field Performer

1980-87— None selected
 1988 — Brian Brown, Northwestern State
 Ronald Johnson, Texas-Arlington
 1989 — Gordon McKee, Texas State
 1990 — Jerry Harris, Louisiana-Monroe
 1991 — Ronald Jones, Texas State
 1992 — LaMark Carter, Northwestern State
 1993 — LaMark Carter, Northwestern State
 1994 — Eric Lancelin, Northwestern State
 1995 — Nat Sowell, Louisiana-Monroe
 1996 — Unavailable
 1997 — Mike Roberson, McNeese State
 1998 — Kenta Bell, Northwestern State
 1999 — Marcell Williams, Stephen F. Austin
 2000 — Kenta Bell, Northwestern State

SOUTHLAND CONFERENCE MEN'S INDOOR HISTORY

Postseason Honors Continued...

Athlete of the Year

1980-87— None selected
1990 — Joseph Sainah, Texas-Arlington
1991 — Ronald Jones, Texas State
1992 — Keevan Mills, Texas State
1993 — LaMark Carter, Northwestern State
1994 — Keevan Mills, Texas State
1995 — Nat Sowell, Louisiana-Monroe
1996 — Nat Sowell, Louisiana-Monroe
1997 — Elston Cawley, Texas-Arlington
1998 — Ronnie Powell, Northwestern State
1999 — Henrik Skoog, Texas-Arlington
2000 — Kenta Bell, Northwestern State
2001 — Randy Arias, Texas State
2002 — Randy Arias, Texas State
2003 — Brian Veal, Texas State
2004 — Justin Youngblood, Texas-San Antonio
2005 — Julian Acuna, Stephen F. Austin
2006 — Jared Connaughton, UT Arlington

Coach of the Year

1980-87— None selected
1989 — Rocky Light, Texas State
1990 — Monte Stratton, Texas-Arlington
1991 — Monte Stratton, Texas-Arlington
1992 — Leon Johnson, Northwestern State
1993 — Leon Johnson, Northwestern State
1994 — Leon Johnson, Northwestern State
1995 — Monte Stratton, Texas-Arlington
1996 — John Sauerhage, Texas-Arlington
1997 — John Lumley, Sam Houston State
1998 — Leon Johnson, Northwestern State
1999 — John Sauerhage, Texas-Arlington
2000 — John Sauerhage, Texas-Arlington
2001 — Leon Johnson, Northwestern State
2002 — Don Hood, Texas State
2003 — Galina Bukharina, Texas State
2004 — Galina Bukharina, Texas State
2005 — Phil Olson, Stephen F. Austin
2006 — Aaron Fox, Texas-San Antonio



Stephen F. Austin's Darwin Johnson set a new Southland Conference championship record in the weight throw with a 60-03.25 mark.



UT Arlington's Jared Connaughton tied for high point scorer and was named the 2006 Athlete of the Year in the Southland Conference.

SOUTHLAND CONFERENCE MEN'S INDOOR HISTORY

Southland Conference Championship Records

Running Events

55-Meter Dash	6.05	Brian Cooper, McNeese State, 1988
60-Meter Dash	6.68	Jared Connaughton, UT Arlington, 2006 (pre)
60-Yard Dash	6.20	Kevin Lloyd, Louisiana Tech, 1986
55-Meter Hurdles	7.24	Keevan Mills, Texas State, 1993
60-Meter Hurdles	7.81	Carl Johnson, Texas-San Antonio, 2003
60-Yard Hurdles	7.16	Sansiski Daniels, UT Arlington, 1984
200-Meter Dash	21.57	Jared Connaughton, UT Arlington, 2006
400-Meter Dash	47.34	Leonard Byrd, Texas-San Antonio, 1997 (pre)
800-Meter Run	1:48.82	Joseph Sainah, UT Arlington, 1990 (pre)
Mile Run	4:04.82	Sammy Unberhagen, Texas State, 1996
3000 Meter Run	8:15.67	Sammy Unberhagen, Texas State, 1996
Two-Mile Run	8:55.10	Roger Barker, Louisiana Tech, 1983
Three-Mile Run	13:42.29	Roger Barker, Louisiana Tech, 1983
5000 Meter Run	14:27.39	Randy Arias, Texas State, 2001
4X400 Relay	3:12.70	Northwestern State, 2003
Mile Relay	3:16.12	Lamar, 1984
Two-Mile Relay	7:38.03	UT Arlington (Monte Whittenberg, Damond Bickel, Rodger Krueger, Terence Beach), 1991
Distance Medley	9:59.09	UT Arlington, 1996

Field Events

High Jump	7-06.00	Brian Brown, Northwestern State, 1989
	7-06.00	Charles Austin, Texas State, 1990
Pole Vault	17-09.00	Steve Stubblefield, Arkansas State, 1984
Long Jump	26-01.50	Brian Cooper, McNeese State, 1987
Triple Jump	54-03.25	Kenta Bell, Northwestern State, 2000
Shot Put	65-01.50	Steve Cate, Louisiana Tech, 1986
Weight Throw	60-03.25	Darwin Johnson, Stephen F. Austin, 2006

Heptathlon

Total Points	5,483	Justin Youngblood, Texas-San Antonio, 2004
60-Meter Dash	7.10	Justin Youngblood, Texas-San Antonio, 2004
High Jump	6-08.75	Edwin Billot, McNeese State, 2004
Long Jump	23-04.00	Justin Youngblood, Texas-San Antonio, 2004
Shot Put	43-09.25	Brandon Buteaux, Texas-San Antonio, 2005
1,000-Meter Run	2:49.58	Brandon Buteaux, Texas-San Antonio, 2005
60-Meter Hurdles	8.15	Edwin Billot, McNeese State, 2004
Pole Vault	16-06.75	Randy Flach, Sam Houston State, 2004

Pentathlon

Total Points	4,003	Justin Youngblood, Texas-San Antonio, 2002
60-Meter Hurdles	8.20	Kristian Rahnu, McNeese State, 2002
Long Jump	23-04.75	Justin Youngblood, Texas-San Antonio, 2002
Shot Put	53-04.50	Kristian Rahnu, McNeese State, 2002
High Jump	6-11.00	Justin Youngblood, Texas-San Antonio, 2002
1000-Meters	2:39.53	Justin Nichols, Texas-Arlington, 2001

Team Records

Most Points	164	Lamar, 1983
Biggest Margin	71.5	Lamar, 1985
Closest Margin	1	Northwestern State, 1994
Low Winning Score	85	Texas-Arlington, 1991

SOUTHLAND CONFERENCE MEN'S INDOOR HISTORY

Year-by-Year Team Championship Standings

1980 — *at Monroe, La.*: Lamar 110, McNeese State 78, Louisiana Tech 70.5, Texas-Arlington 69, Arkansas State 63.5, Louisiana-Lafayette 42.

1981 — *at Monroe, La.*: Lamar 117, Louisiana Tech 104, Louisiana-Lafayette 93, Arkansas State 90, Texas-Arlington 70, McNeese State 52.

1982 — *at Monroe, La.*: Lamar 151, Louisiana-Lafayette 113, Texas-Arlington 88, McNeese State 71, Arkansas State 69, Louisiana Tech 32.

1983 — *at Monroe, La.*: Lamar 164, Arkansas State 102, Louisiana Tech 96, Texas-Arlington 54, Louisiana-Monroe 48, McNeese State 33, North Texas 29.

1984 — *at Monroe, La.*: Lamar 145, Arkansas State 95, Texas-Arlington 86, Louisiana-Monroe 60.5, Louisiana Tech 36, McNeese State 24.5, North Texas 13.

1985 — *at Monroe, La.*: Lamar 152.5, Louisiana-Monroe 81, Texas-Arlington 66.5, Louisiana Tech 62, Arkansas State 56, McNeese State 43, North Texas 4.

1986 — *at Monroe, La.*: Louisiana-Monroe 93.5, Lamar 88.5, Louisiana Tech 87, Arkansas State 36, Texas-Arlington 36, McNeese State 32, North Texas 29.

1987 — *at Monroe, La.*: Louisiana-Monroe 97, Arkansas State 90, Louisiana Tech 76, McNeese State 53, North Texas 44, Lamar 43.

1988 — *at Monroe, La.*: Louisiana-Monroe 95, Texas-Arlington 86.5, Northwestern State 60.5, North Texas 51, Stephen F. Austin 39.5, Texas State 37.5, McNeese State 33, Sam Houston State 0.

1989 — *at Monroe, La.*: Texas State 90, Texas-Arlington 78, Louisiana-Monroe 77, Northwestern State 52, North Texas 47, Stephen F. Austin 29, McNeese State 25, Sam Houston State 4.

1990 — *at Monroe, La.*: Texas-Arlington 100, Louisiana-Monroe 70, Texas State 59, Stephen F. Austin 52, North Texas 49, Northwestern State 41, McNeese State 28, Sam Houston State 2.

1991 — *at Monroe, La.*: Texas-Arlington 85, Texas State 67, McNeese State 62, Louisiana-Monroe 57, North Texas 46, Northwestern State 44, Stephen F. Austin 28, Sam Houston State 14.

1992 — *at Monroe, La.*: Texas-Arlington 81, Texas State 80, Northwestern State 76, Louisiana-Monroe 68, Sam Houston State 28, McNeese State 27, Stephen F. Austin 21, Texas-San Antonio 12, North Texas 10, Nicholls State 0.

1993 — *at Monroe, La.*: Northwestern State 101, Texas-Arlington 86, Texas State 72.25, Stephen F. Austin 58, Northeast Louisiana 49.25, McNeese State 28.25, Texas-San Antonio 24, Sam Houston State 9, North Texas 6.25, Nicholls State 0.

1994 — *at Monroe, La.*: Northwestern State 84, Texas-Arlington 83, Texas State 80, Texas-San Antonio 59, Stephen F. Austin 56, Louisiana-Monroe 38, North Texas 14, McNeese State 11, Sam Houston State 4, Nicholls State 4.

1995 — *at Fort Worth, Texas*: Texas-Arlington 116, Texas State 111, Northwestern State 71, Stephen F. Austin 64.5, Texas-San Antonio 64, Louisiana-Monroe 52, Sam Houston State 39, North Texas 38.5, McNeese State 24, Nicholls State 5.

1996 — *at Fort Worth, Texas*: Texas-Arlington 131, Texas State 71, Texas-San Antonio 69, Northwestern State 59, Stephen F. Austin 57.5, Louisiana-Monroe 52, McNeese State 44.5, Sam Houston State 41, North Texas 37, Nicholls State 23.

1997 — *at Fort Worth, Texas*: Texas-Arlington 119.5, Texas-San Antonio 118, Northwestern State 86, Sam Houston State 72.5, McNeese State 54, Stephen F. Austin 45.5, Texas State 40, Louisiana-Monroe 31.5, Nicholls State 17.

1998 — *at Fort Worth, Texas*: Northwestern State 105, Texas-Arlington 91, Stephen F. Austin 79, McNeese State 77, Sam Houston State 62, Texas-San Antonio 57, Texas State 57, Louisiana-Monroe 40, Nicholls State 13, Southeastern Louisiana 4.

1999 — *at Houston, Texas*: Texas-Arlington 112, Northwestern State 89, McNeese State 82, Sam Houston State 74, Texas-San Antonio 54, Texas State 53, Stephen F. Austin 42, Louisiana-Monroe 41.5, Lamar 24, Southeastern Louisiana 8.5, Nicholls State 5.

2000 — *at Houston, Texas*: Texas-Arlington 130, Texas State 87.5, Northwestern State 76, Sam Houston State 65, Stephen F. Austin 64, McNeese State 62, Texas-San Antonio 39.5, Lamar 27.5, Louisiana-Monroe 18.5, Nicholls State 9, Southeastern Louisiana 6.

2001 — *at Houston, Texas*: Northwestern State 105.5, Texas-San Antonio 93, Texas-Arlington 90, Stephen F. Austin 86, Texas State 63, McNeese State 61, Sam Houston State 46, Southeastern Louisiana 27, Louisiana-Monroe 20, Lamar 16.5, Nicholls State 14.

2002 — *at Houston, Texas*: Texas State 132, Texas-San Antonio 92, Texas-Arlington 83, Northwestern State 81, Stephen F. Austin 72, Sam Houston State 63, McNeese State 56, Lamar 16, Louisiana-Monroe 16, Nicholls State 8, Southeastern Louisiana 5.

2003 — *at Houston, Texas*: Texas State 137, Northwestern State 116.25, Sam Houston State 87.25, Texas-Arlington 65, Texas-San Antonio 48.25, Stephen F. Austin 48, McNeese State 45, Southeastern Louisiana 29.25, Louisiana-Monroe 26, Lamar 20.

2004 — *at Houston, Texas*: Texas State 119.5, Stephen F. Austin 95, Sam Houston State 93, Texas-Arlington 69, Northwestern State 68.5, Texas-San Antonio 50.5, McNeese State 41.5, Louisiana-Monroe 37, Southeastern Louisiana 29, Lamar 20.

2005 — *at Houston, Texas*: Stephen F. Austin 111.5, Texas-San Antonio 85, Texas-Arlington 79, Texas State 73, McNeese State 73, Northwestern State 70, Sam Houston State 65.5, Southeastern Louisiana 40, Lamar 35, Louisiana-Monroe 30.

2006 — *at Houston, Texas*: Texas-San Antonio 111, Sam Houston State 104.33, Stephen F. Austin 103, UT Arlington 84, Northwestern State 78, McNeese State 47.5, Southeastern Louisiana 43, Louisiana-Monroe 40, Texas State 34.16, Lamar 18.



SOUTHLAND CONFERENCE WOMEN'S INDOOR HISTORY

Year-by-Year Team Champions

1987 — Louisiana-Monroe	1997 — Texas-Arlington
1988 — Texas State	1998 — Texas-Arlington
1989 — Louisiana-Monroe	1999 — Texas-Arlington
1990 — Texas State	2000 — Texas-Arlington
1991 — Texas State	2001 — Texas-Arlington
1992 — Texas-San Antonio	2002 — Texas State
1993 — Texas-San Antonio	2003 — Texas State
1994 — Texas-San Antonio	2004 — Texas State
1995 — Texas-Arlington	2005 — Stephen F. Austin
1996 — Texas-Arlington	2006 — Stephen F. Austin

Team Championships

Texas-Arlington	7
Texas State	6
Texas-San Antonio	3
Louisiana-Monroe	2
Stephen F. Austin	2

Individual Championships

Texas-Arlington 58, Texas State 53, Texas-San Antonio 37, Stephen F. Austin 15, Sam Houston State 14, McNeese State 13, Northwestern State 13, Lamar 7, Southeastern Louisiana 4. **Inactive Teams:** Louisiana-Monroe 34, North Texas 4, Arkansas State 1.

Postseason Honors

Outstanding Track Performer

1987 — None selected
1988 — LaNell Buckley, Texas State
1989 — Nicola Roff, Louisiana-Monroe
1990 — Troquel Eden, Louisiana-Monroe
1991 — Robin White, Texas State
1992 — Liza Hunter, Texas-San Antonio
1993 — Tami Micham-Grimes, Louisiana-Monroe
1994 — Angela Nelson, Texas-Arlington
1995 — Angela Nelson, Texas-Arlington
1996 — Tameka Roberts, Texas-San Antonio
1997 — Tameka Roberts, Texas-San Antonio
1998 — Tameka Roberts, Texas-San Antonio
1999 — Dasha Thompson, Northwestern State
2000 — Sita Waru, McNeese State
2001 — Sita Waru, McNeese State
2002 — Shontae Johnson, Texas State
2003 — LaJuana Lovett, Texas State
2004 — LaJuana Lovett, Texas State
2005 — Rosalind Holmes, Texas-San Antonio
2006 — Ashley Monteau, Stephen F. Austin

Outstanding Field Performer

1987 — None selected
1988 — Pam Smith, Louisiana-Monroe
1989 — Pam Smith, Louisiana-Monroe
1990 — Pam Smith, Louisiana-Monroe
1991 — Angela Black, Louisiana-Monroe
1992 — Christia Rogers, Texas State
1993 — Jenny Hockett, Texas-Arlington
1994 — Lisa Austin, Texas-Arlington
1995 — Jill Jones, Sam Houston State
1996 — Unavailable
1997 — Eva Jonson, Texas-Arlington
1998 — Tameka Roberts, Texas-San Antonio Eva Jonson, Texas-Arlington
1999 — Marion Myer, Texas-Arlington
2000 — Nathelie Daniels, Texas State
2001 — Misty Ballard, Stephen F. Austin
2002 — Becky Collins, Texas State
2003 — Stephanie Sowell, Northwestern State
2004 — Stephanie Sowell, Northwestern State
2005 — Roshunda Betts, Sam Houston State
2006 — Stephanie Sowell, Northwestern State

High Point Scorer

1987 — Unavailable
1988 — LaNell Buckley, Texas State, 21.5 points
1989 — Angela Black, Louisiana-Monroe, 30 points
1990 — Pam Smith, Louisiana-Monroe, 28 points
1991 — Angela Black, Louisiana-Monroe, 30 points
1992 — Liza Hunter, Texas-San Antonio, 22.5 points
1993 — Tami Micham-Grimes, Louisiana-Monroe, 28 points
1994 — Angela Nelson, Texas-Arlington, 30 points
1995 — Angela Nelson, Texas-Arlington, 28 points
1996 — Tameka Roberts, Texas-San Antonio, 30 points
1997 — Tameka Roberts, Texas-San Antonio, 23 points
1998 — Tameka Roberts, Texas-San Antonio, 37.5 points
1999 — Jennifer Hoppe, Stephen F. Austin, 22.5 points
2000 — Sita Waru, McNeese State, 22.5 points
2001 — Kajsa Haglund, Texas-Arlington, 24.5 points
2002 — Shontae Johnson, Texas State, 22.5 points
2003 — LaJuana Lovett, Texas State, 25.5 points
2004 — LaJuana Lovett, Texas State, 38.5 points
2005 — Katya Kostetskaya, Texas State, 29 points
2006 — Ryanne Dupree, Texas-San Antonio, 28.5 points

Athlete of the Year

1987-89 — None selected
1990 — Pam Smith, Louisiana-Monroe
1991 — Angela Black, Louisiana-Monroe
1992 — Liza Hunter, Texas-San Antonio
1993 — Tami Micham-Grimes, Louisiana-Monroe
1994 — Angela Nelson, Texas-Arlington
1995 — Angela Nelson, Texas-Arlington
1996 — Tameka Roberts, Texas-San Antonio
1997 — Tameka Roberts, Texas-San Antonio
1998 — Tameka Roberts, Texas-San Antonio
1999 — Dasha Thompson, Northwestern State
2000 — Sita Waru, McNeese State
2001 — Sita Waru, McNeese State
2002 — Becky Collins, Texas State
2003 — LaJuana Lovett, Texas State
2004 — LaJuana Lovett, Texas State
2005 — Katya Kostetskaya, Texas State
2006 — Ryanne Dupree, Texas-San Antonio

SOUTHLAND CONFERENCE WOMEN'S INDOOR HISTORY

Postseason Honors Continued...

Coach of the Year

1987-88 — None selected	1998 — John Sauerhage, Texas-Arlington
1989 — Dennis Groll, Louisiana-Monroe	1999 — John Sauerhage, Texas-Arlington
1990 — Jerry Clayton, Texas State	2000 — John Sauerhage, Texas-Arlington
1991 — Jerry Clayton, Texas State	2001 — John Sauerhage, Texas-Arlington
1992 — Shawn Flanagan, Texas-San Antonio	2002 — Don Hood, Texas State
1993 — Shawn Flanagan, Texas-San Antonio	2003 — Galina Bukharina, Texas State
1994 — Shawn Flanagan, Texas-San Antonio	2004 — Galina Bukharina, Texas State
1995 — Monte Stratton, Texas-Arlington	2005 — Phil Olson, Stephen F. Austin
1996 — John Sauerhage, Texas-Arlington	2006 — Phil Olson, Stephen F. Austin
1997 — John Sauerhage, Texas-Arlington	

Southland Conference Championship Records

Running Events

55-Meter Dash	6.89	Tameka Roberts, Texas-San Antonio, 1998
60-Meter Dash	7.39	LaQuinta Manahan, Texas-Arlington, 2001
55-Meter Hurdles	7.87	Brigitte Foster, Texas State, 1998
60-Meter Hurdles	8.40	Brittany Littlejohn, Northwestern State, 2003
200-Meter Dash	24.14	Tonette Dyer, Louisiana-Monroe, 2001
400-Meter Dash	54.06	Christine Amertil, Southeastern Louisiana, 2001
800-Meter Run	2:10.84	Mishael Bertrand, Texas-Arlington, 1999
Mile Run	4:49.79	Kajsa Haglund, Texas-Arlington, 2003
3000 Meters	9:39.43	Sita Waru, McNeese State, 2000
Two-Mile Run	10:43.94	Liza Hunter, Texas-San Antonio, 1992
Three-Mile Run	16:42.72	Tami Micham-Grimes, Louisiana-Monroe, 1993
5000 Meters	16:45.10	Sita Waru, McNeese State, 2001
4x400 Relay	3:45.56	Texas State (Courtney Baker, Courtney Fischer, Mila Litvinova, Katya Kostetskaya), 2006
Mile Relay	3:54.01	Texas-San Antonio (Roselyn King, Tamny Booker, Valicia Henderson, Lisa Addison), 1992
Two-Mile Relay	9:31.66	Texas State (Robin White, Tamny Booker, LeShone Osborne, Wendi Smith), 1989
Distance Medley	10:49.14	Texas-Arlington, 1996

Field Events

High Jump	6-00.00	Becky Collins, Texas State, 2002
Pole Vault	13-05.25	Misty Ballard, Stephen F. Austin, 2001
Long Jump	21-03.25	Pam Smith, Louisiana-Monroe, 1989
Triple Jump	43-01.75	Lisa Austin, Texas-Arlington, 1994
Shot Put	52-06.00	Tiffany Bunton, Texas State, 2004
Weight Throw	60-00.25	Sarah Schultz, Texas State, 2006

Pentathlon

Total Points	4,055	Ryanne Dupree, Texas-San Antonio, 2006
60-Meter Hurdles	8.50	Ryanne Dupree, Texas-San Antonio, 2006
High Jump	5-07.00	Ryanne Dupree, Texas-San Antonio, 2006
		Crystal Chang, Stephen F. Austin, 2006
Long Jump	19-00.50	Ryanne Dupree, Texas-San Antonio, 2004
Shot Put	41-00.50	Jodi Anderson, Texas State, 2002
800 Meters	2:20.94	Crystal Chang, Stephen F. Austin, 2003

Team Records

Most Points	180.5	Texas State, 2002
Biggest Margin	88	Texas-Arlington, 2000
Closest Margin	1.33	Stephen F. Austin, 2006
Low Winning Score	98.5	Texas State, 1988

SOUTHLAND CONFERENCE WOMEN'S INDOOR HISTORY

Year-by-Year Team Championship Standings

1987 — *at Monroe, La.:* Louisiana-Monroe 115, Texas-Arlington 81, North Texas 60, Arkansas State 44, Lamar 35, Louisiana-Lafayette 32, McNeese State 4.

1988 — *at Monroe, La.:* Texas State 98.5, Louisiana-Monroe 93, Texas-Arlington 52.5, North Texas 33, Stephen F. Austin 32, Sam Houston State 28, McNeese State 18, Northwestern State 17.

1989 — *at Monroe, La.:* Louisiana-Monroe 132, Texas State 87, Stephen F. Austin 56, Texas-Arlington 44, North Texas 22, Northwestern State 16, Sam Houston State 12, McNeese State 3.

1990 — *at Monroe, La.:* Texas State 99, Louisiana-Monroe 97, Stephen F. Austin 44, Sam Houston State 40, Texas-Arlington 36, North Texas 26, Northwestern State 18, McNeese State 11.

1991 — *at Monroe, La.:* Texas State 112, Louisiana-Monroe 91, Texas-Arlington 59.3, Stephen F. Austin 33, McNeese State 23, North Texas 20.3, Northwestern State 17.3, Sam Houston State 16.

1992 — *at Monroe, La.:* Texas-San Antonio 121, Texas State 78, Texas-Arlington 65, Louisiana-Monroe 27, North Texas 24, Northwestern State 20, Stephen F. Austin 14, McNeese State 13, Sam Houston State 9, Nicholls State 0.

1993 — *at Monroe, La.:* Texas-San Antonio 122, Texas-Arlington 113, Louisiana-Monroe 56, Northwestern State 23, Texas State 23, McNeese State 22, Stephen F. Austin 22, Sam Houston State 14, North Texas 8, Nicholls State 0.

1994 — *at Monroe, La.:* Texas-San Antonio 126.33, Texas-Arlington 123.33, Texas State 50, Northwestern State 32, Louisiana-Monroe 23, McNeese State 19, Stephen F. Austin 19, Sam Houston State 8, North Texas 2.33, Nicholls State 0.

1995 — *at Fort Worth, Texas:* Texas-Arlington 142, Texas-San Antonio 127.5, Texas State 114, Northwestern State 37, McNeese State 35.5, Sam Houston State 26, Louisiana-Monroe 25, Stephen F. Austin 21, North Texas 16, Nicholls State 0.

1996 — *at Fort Worth, Texas:* Texas-Arlington 143, Texas-San Antonio 124.5, Louisiana-Monroe 85, Texas State 68, McNeese State 32, Stephen F. Austin 31.5, North Texas 26, Sam Houston State 20, Northwestern State 16, Nicholls State 0.

1997 — *at Fort Worth, Texas:* Texas-Arlington 116.5, Texas-San Antonio 102, Louisiana-Monroe 76, Stephen F. Austin 75, McNeese State 61.5, Northwestern State 59, Sam Houston State 27, Texas State 26, Nicholls State 3.

1998 — *at Fort Worth, Texas:* Texas-Arlington 158, McNeese State 102, Texas-San Antonio 69.5, Louisiana-Monroe 54, Northwestern State 46, Texas State 41, Stephen F. Austin 39.5, Sam Houston State 33, Southeastern Louisiana 2, Nicholls State 0.

1999 — *at Houston, Texas:* Texas-Arlington 139, Stephen F. Austin 94, Northwestern State 91, McNeese State 81, Sam Houston State 62, Louisiana-Monroe 48.5, Texas State 32.5, Texas-San Antonio 27, Southeastern Louisiana 6, Lamar 4, Nicholls State 0.

2000 — *at Houston, Texas:* Texas-Arlington 169, McNeese State 81, Northwestern State 65, Stephen F. Austin 62.5, Texas State 60.5, Sam Houston State 38.5, Southeastern Louisiana 34, Louisiana-Monroe 32.5, Texas-San Antonio 24, Lamar 18, Nicholls State 0.

2001 — *at Houston, Texas:* Texas-Arlington 142, Texas State 117, Northwestern State 75, Texas-San Antonio 65, Sam Houston State 61, McNeese State 46, Stephen F. Austin 36, Southeastern Louisiana 34, Louisiana-Monroe 31, Lamar 16, Nicholls State 1.

2002 — *at Houston, Texas:* Texas State 180.5, Stephen F. Austin 95.5, Texas-Arlington 78, Texas-San Antonio 75.5, Northwestern State 55, Sam Houston State 41, Louisiana-Monroe 37, McNeese State 26, Lamar 16, Southeastern Louisiana 12.5, Nicholls State 7.

2003 — *at Houston, Texas:* Texas State 110, Stephen F. Austin, 105, Texas-San Antonio, 88, Northwestern State, 88.5, Texas-Arlington, 77.5, Sam Houston State, 68, McNeese State 51, Louisiana-Monroe 27, Lamar 13, Southeastern Louisiana 3, Nicholls State 1.

2004 — *at Houston, Texas:* Texas State 128, Stephen F. Austin 95.67, Texas-San Antonio 84, Sam Houston State 81.5, Texas-Arlington 68.5, McNeese State 45, Northwestern State 42, Lamar 34, Louisiana-Monroe 29, Southeastern Louisiana 14.33, Nicholls State 2.

2005 — *at Houston, Texas:* Stephen F. Austin 112.5, Sam Houston State 106, Texas State 105, Texas-San Antonio 88, Texas-Arlington 74, Lamar 69, Southeastern Louisiana 31, Northwestern State 27.5, Louisiana-Monroe 26, McNeese State 24, Nicholls State 0.

2006 — *at Houston, Texas:* Stephen F. Austin 105.33, Sam Houston State 104, Texas State 102.33, Lamar 90, Texas-San Antonio 81, UT Arlington 74.33, Northwestern State 40, Louisiana-Monroe 33, Southeastern Louisiana 28, McNeese State 3, Nicholls State 0.



Stephen F. Austin head coach Phil Olson claimed consecutive Coach of the Year awards after leading SFA to its first Women's Indoor Championship in 2005 and repeated in 2006.

SOUTHLAND CONFERENCE HISTORY

Men's NCAA All-Americans

McNeese State

1996 — Michael Roberson (high jump)
2005 — Derrick Brown (long jump)

Northwestern State

1980 — Jarrot Handy (triple jump)
1987 — Llewellyn Starks (long jump)
1988 — Llewellyn Starks (long jump)
1989 — Brian Brown (high jump)
1990 — Brian Brown (high jump)
1993 — LaMark Carter (triple jump)
1998 — Ronnie Powell (55-meter dash)
1998 — Kenta Bell (triple jump)
2000 — Kenta Bell (triple jump, 3rd)

Texas State

1989 — Charles Austin (high jump)
1989 — Gordon McKee (long jump)
1990 — Charles Austin (high jump)
2003 — Brian Veal (long jump, 7th)

Stephen F. Austin

1995 — Kevin Ellis (55-meter hurdles)
1995 — Rodney Black (triple jump)
1996 — Chris Olsson-O'Neil (high jump)
2001 — Adam Keul (pole vault, 2nd)
2002 — Adam Keul (pole vault, 8th)

Texas-Arlington

1981 — Gilbert Smith (long jump)

1982 — Gilbert Smith (long jump)
1983 — Saniski Daniels (55-meter hurdles)
1984 — Saniski Daniels (55-meter hurdles)
1985 — Saniski Daniels (55-meter hurdles)
1988 — Ronald Johnson (triple jump)
1990 — McClinton Neal (55-meter hurdles)
1990 — Joseph Sainah (800 meters)
1998 — Elston Cawley (200-meters)

Texas-San Antonio

2004 — Justin Youngblood (heptathlon)
2005 — Brandon Buteaux (heptathlon)

Inactive Universities

Arkansas State

1970 — Tom Hill (60-yard high hurdles)
1975 — Earl Bell (pole vault)
1976 — Earl Bell (pole vault); Anthony Stroman (440 yard dash)
1977 — Earl Bell (pole vault)
1979 — Paul Pilla (pole vault); Andy Pintus (pole vault)
1981 — Al Joyner (triple jump)

Louisiana-Monroe

1987 — Andre Ester (long jump)
1988 — Andre Ester (long jump)
1989 — Christoph Koch (hammer)
1990 — Jerry Harris (long jump)
1991 — Jerry Harris (long jump)
1995 — Nat Sowell (triple jump and long jump)
1996 — Nat Sowell (triple jump and long jump)

Women's NCAA All-Americans

Northwestern State

2003 — Stephanie Sowell, (long jump, 2nd)
2004 — Stephanie Sowell, (long jump, 7th / triple jump, 11th)

Texas State

1992 — Christia Rogers (triple jump)
1994 — Inez Turner (800 meters)
1994 — Rene Woodard (triple jump)
2002 — Becky Collins (high jump, 4th)
2003 — Becky Collins (high jump, 5th)

Stephen F. Austin

2001 — Misty Ballard (pole vault, 9th)

Texas-Arlington

1994 — Lisa Austin (triple jump)
1994 — Tara Ford (long jump)
1995 — Lisa Austin (triple jump)
2000 — Marsha French (shot put, 8th)
Mishaël Bertrand (800 meters, 10th)
2001 — Ashley Dorsey (shot put, 6th)
2002 — Ashley Dorsey (shot put, 7th)

Texas-San Antonio

1988 — Teresa Neighbors (55 meters)
1996 — Tameka Roberts (long jump)
1997 — Tameka Roberts (200 meters)
1998 — Tameka Roberts (200 meters)

Inactive Universities

Louisiana-Monroe

1984 — Lauri Young, 3rd, (high jump)
1985 — Lauri Young, 7th, (high jump)
1986 — Cheryl Henry, 6th, (triple jump)
1990 — Pam Smith, 5th, (long jump)

2006 Indoor Track and Field Championships

Feb. 17-18 • Houston, Texas

MEN

1. Texas-San Antonio	111
2. Sam Houston State	104.33
3. Stephen F. Austin	103
4. UT Arlington	84
5. Northwestern State	78
6. McNeese State	47.50
7. Southeastern Louisiana	43
8. Louisiana-Monroe	40
9. Texas State	34.16
10. Lamar	18

WOMEN

1. Stephen F. Austin	105.33
2. Sam Houston State	104
3. Texas State	102.33
4. Lamar	90
5. Texas-San Antonio	81
6. UT Arlington	74.33
7. Northwestern State	40
8. Louisiana-Monroe	33
9. Southeastern Louisiana	28
10. McNeese State	3
11. Nicholls State	0

2006 Southland Indoor Championship Men's Event-By-Event Champions

Name (University)	Event	Mark
Ravyn Hayward, NWLa.	60-Meter Dash	6.80
J.D. Henry, NWLa.	60-Meter Hurdles	7.93
Jared Connaughton, UTA	200-Meter Dash	21.57
Chris Edison, SHSU	400-Meter Dash	47.80
Mthobisi Baloyi, UTSA	800-Meter Run	1:53.17
Danny Shaw, LU	One-Mile Run	4:13.36
Thomas Johansson, SHSU	3,000-Meter Run	8:35.64
Josh Hawkins, SHSU	5,000-Meter Run	14:54.94
Sam Houston State	4x400-Meter Relay	3:17.24
McNeese State	Distance Medley	10:13.31
Kenneth McKinley, SFA	Shot Put	57-09.75
Quinchun Carey, UTA	Long Jump	24-01.75
James Randall, SHSU	Triple Jump	49-05.50
Darrion Harris, NWLa.	High Jump	6-08.75
Shay Collett, UTA	Pole Vault	16-07.50
Darwin Johnson, SFA	Weight Throw	60-03.25
Brandon Buteau, UTSA	Heptathlon	5,357

HIGH POINT SCORER:

Jared Connaughton, UT Arlington - 18.0 points
J.D. Henry, Northwestern State - 18.0 points

ATHLETE OF THE YEAR:

Jared Connaughton, UT Arlington

OUTSTANDING FIELD PERFORMER:

Rani Giladi, Louisiana-Monroe

OUTSTANDING TRACK PERFORMER:

J.D. Henry, Northwestern State

COACH OF THE YEAR:

Aaron Fox, Texas-San Antonio

2006 Southland Indoor Championship Women's Event-By-Event Champions

Name (University)	Event	Mark
Ellen Garrison, UTA	60-Meter Dash	7.61
Chatterra Blake, SHSU	60-Meter Hurdles	8.42
Quantinette Fields, SHSU	200-Meter Dash	24.89
Katya Kostetskaya, TXST	400-Meter Dash	55.29
Ivorita Taylor, UTA	800-Meter Run	2:14.13
Amanda King, LU	One-Mile Run	4:57.19
Renee Graham, LU	3,000-Meter Run	9:48.69
Ashley Monteau, SFA	5,000-Meter Run	16:47.74
Texas State	4x400-Meter Relay	3:45.56
Lamar	Distance Medley	12:02.15
Tenika Powell, SHSU	Shot Put	46-00.00
Morgan Moszee, UTSA	Long Jump	20-04.25
Jacque Iwuchukwu, SHSU	Triple Jump	41-09.75
Audrey Azu, SFA	High Jump	5-06.00
Lacey Moore, UTA	Pole Vault	12-01.50
Sarah Stultz, TXST	Weight Throw	60-00.25
Ryan Dupree, UTSA	Pentathlon	4,055.00

HIGH POINT SCORER:

Ryanne Dupree, Texas-San Antonio - 28.5 points

ATHLETE OF THE YEAR:

Ryanne Dupree, Texas-San Antonio

OUTSTANDING FIELD PERFORMER:

Roshunda Betts, Sam Houston State

OUTSTANDING TRACK PERFORMER:

Ashley Monteau, Stephen F. Austin

COACH OF THE YEAR:

Phil Olson, Stephen F. Austin

2006 Outdoor Track and Field Championships

May 13-15 • Arlington, Texas

MEN

1.	Sam Houston State	169
2.	Texas-San Antonio	132
3.	UT Arlington	111
4.	Stephen F. Austin	90
5.	Texas State	71
6.	Southeastern Louisiana	70
7.	McNeese State	64
8.	Northwestern State	48
9.	Louisiana-Monroe	37
10.	Lamar	24

WOMEN

1.	Sam Houston State	164
2.	Texas State	135
3.	Stephen F. Austin	101.50
4.	Texas-San Antonio	85
5.	UT Arlington	68
6.	Lamar	63
7.	Northwestern State	58
8.	Southeastern Louisiana	52.50
9.	Louisiana-Monroe	44
10.	McNeese State	40
11.	Nicholls State	8

2006 Southland Conference Outdoor Championship

Men's Event-By-Event Champions

Name(University)	Event	Mark
Jared Connaughton, UTA	100-Meter Dash	10.33
Jared Connaughton, UTA	200-Meter Dash	20.90
Chris Edison, SHSU	400-Meter Dash	46.77
Larry Brooks, UTSA	800-Meter Run	1:51.36
Danny Shaw, LU	1,500-Meter Run	3:57.65
Brandon Moseley, SHSU	5,000-Meter Run	14:55.02
Josh Hawkins, SHSU	10,000-Meter Run	32:20.35
Jon McDowell, UTA	110-Meter Hurdles	14.02
T.R. Sissel, UTSA	400-Meter Hurdles	51.83
Nick Kay, MCN	3,000 Steeplechase	9:14.05
Sam Houston State	4X100-Meter Relay	40.16
Sam Houston State	4X400-Meter Relay	3:10.54
Ryder Peacock, SFA	High Jump	6-08.75
Matt Adkisson, SHSU	Pole Vault	17-06.50
Reggie Lazenby, SFA	Long Jump	26-02.25
Darrick Brown, MCN	Triple Jump	49-04.50
Kemuel Morales, TXST	Shot Put	58-03.75
Teremine White, SLU	Discus	172-05
Chris Carter, SLU	Javelin	238-02
Robert Melin, TXST	Hammer	177-10
Bryan Wolfe, UTSA	Decathlon	6,887

HIGH POINT SCORER:

Brandon Moseley, Sam Houston State - 24.0 points

ATHLETE OF THE YEAR:

Jared Connaughton, UT Arlington

OUTSTANDING FIELD ATHLETE:

Reggie Lazenby, Stephen F. Austin

OUTSTANDING TRACK ATHLETE:

Jared Connaughton, UT Arlington

COACH OF THE YEAR:

Curtis Collier, Sam Houston State

2006 Southland Conference Outdoor Championship

Women's Event-By-Event Champions

Name(University)	Event	Mark
Quantinette Fields, SHSU	100-Meter Dash	11.55
Quantinette Fields, SHSU	200-Meter Dash	23.59
Chinelo Nwobu, Lamar	400-Meter Dash	54.10
Veronica Silva, UTSA	800-Meter Run	2:12.79
Clerc Koenck, LU	1,500-Meter Run	4:36.60
Ashley Monteau, SFA	5,000-Meter Run	17:00.22
Ashley Monteau, SFA	10,000-Meter Run	36:17.51
Shanae Steward, NWLa	100-Meter Hurdles	13.67
Katya Kostetskaya, TXST	400-Meter Hurdles	58.05
Amanda King, LU	3,000 Steeplechase	10:31.46
UT Arlington	4X100-Meter Relay	45.52
Texas State	4X400-Meter Relay	3:41.51
Taylor Morrell, MCN	High Jump	5-08.75
Michelle Rzepka, MCN	Pole Vault	12-11.50
Camilla Davis, TXST	Long Jump	20-07.00
Jacque Iwuchukwu, TXST	Triple Jump	42-00.75
Tenika Powell, SHSU	Shot Put	46-03.50
Sarah Stultz, TXST	Discus	161-01
Roshunda Betts, SHSU	Javelin	168-11
Sarah Stultz, TXST	Hammer	182-08
Michelle Rzepka, MCN	Heptathlon	5,255

HIGH POINT SCORER:

Camilla Davis, Texas State - 24.25 points

ATHLETE OF THE YEAR:

Quantinette Fields, Sam Houston State

OUTSTANDING FIELD ATHLETE:

Sarah Stultz, Texas State

OUTSTANDING TRACK ATHLETE:

Ashley Monteau, Stephen F. Austin

COACH OF THE YEAR:

Curtis Collier, Sam Houston State

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